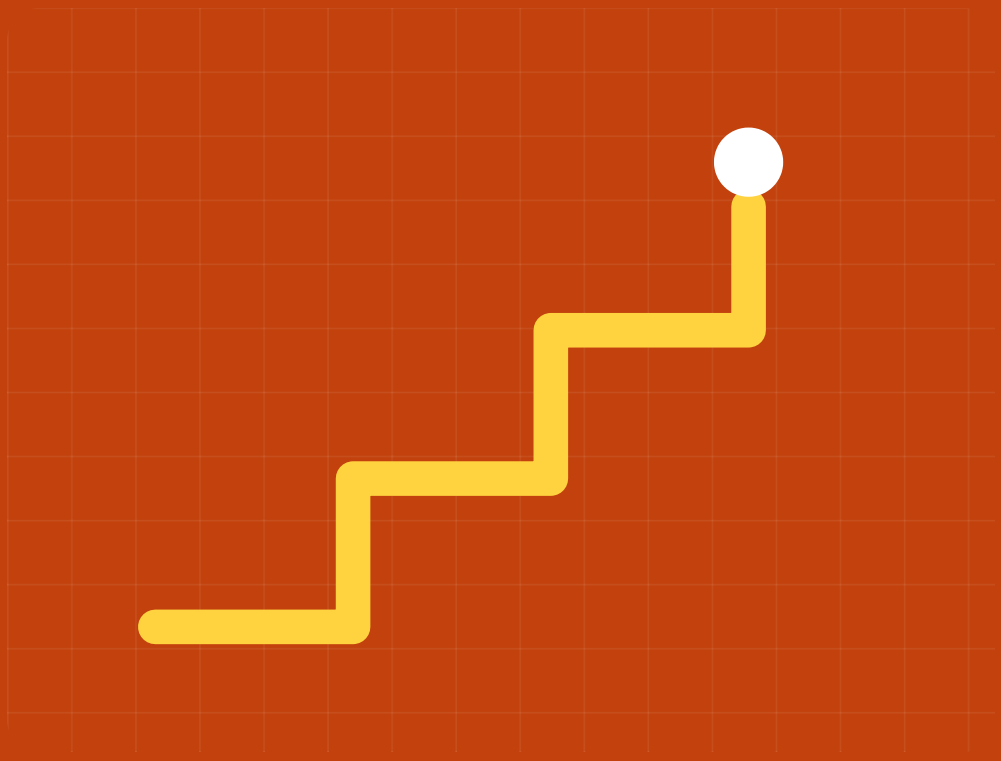
UpOnly Learning



LEVEL 7 · ADULTS

FREE SAMPLE WORKBOOK

Learn Portuguese Level 7 · Adults

One step at a time. · Ages 18+ · Free sample: 1 of 12 topics

UO-PTKIDS-L7

OUR STORY

One step at a time

I'm Dr. Evan J. Hasson. I've run a specific chiropractic practice for over twelve years, and I'm a dad of three. My work is about alignment: get the structure right, and everything else works better.

At home, nothing was aligned. I was spending thousands a month on tutors, extracurriculars and programs, and when I asked about enrolling a second or third child the answer was always the same: that'll be double, that'll be triple. The charter school had a waiting list. The good public school had a waiting list. The private schools had the kind of list where it helps to know someone, or to give generously first.

And underneath all of it, the same quiet threat: if you don't pay for this, your child will fall behind. Not sold with evidence. Sold with fear.

So I did my own research, and here is what I found: none of it is secret. The standards are published. The order a child should learn in is written down and freely available. It is just scattered. Nobody had done the work of pulling it together, putting it in order and handing it over. So I did.

When every step has its place, confusion has nowhere to hide.

I built this for my own kids. I'm giving it to yours.

Dr. Evan J. Hasson, DC
Founder and dad of three

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No guaranteed results, and mistakes happen. Every student learns differently. We write and review every question and answer key carefully, and we still get things wrong. An answer key can be wrong, and a question can be worded badly or have two defensible answers. Check the answer key before you hand it over, and trust your own judgment over ours. Found a problem? **Photograph the page and email it to support@uponlylearning.com**. The picture tells us more than a description, and we fix it for every family.

Safety. Some activities use household items such as scissors, coins or food. An adult should supervise and skip anything unsafe for the student.

Not professional advice. This workbook does not replace an evaluation by a qualified educator or specialist. The founder is a Doctor of Chiropractic; UpOnly Learning does not provide medical or health advice.

Full terms: uponlylearning.com/legal

INTRODUCTION

How to use this workbook

Each topic follows the same steps, so your student always knows what comes next.

① **Quick Check.** 10 questions before you teach. Read them aloud for younger students. A high score means you can move faster.

② **Learn It.** Key words, step-by-step teaching with lines you can read aloud, worked examples and the mistakes to watch for.

③ **We Do It Together.** 10 questions you do side by side. The answer and the "why" are printed right after each question, so you can talk it through.

④ **You Try.** 10 questions your student does alone.

Answers with short explanations for every question are in the **Answer Key** at the end of each topic, so students can work without peeking. Go over each wrong answer together using the explanation.

This workbook is printed in full color. To save ink, choose "Black and white" or "Grayscale" in your printer settings; every page still works in black and white.

Want online checks that score themselves and track each student's progress? Visit uponlylearning.com.

LEVEL 7 · ADULTS

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Learn Portuguese: Level 7 · Adults

Free Sample Workbook · Ages 18+ · 1 of 12 topics, with a Quick Check, a lesson, We Do It Together, You Try and an answer key

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Topic 1 · Portuguese introductions for adults: ser, ter, você and o senhor **6**

Greet people and introduce yourself and others, choose você with friends, coworkers and most adults and o senhor or a senhora in formal settings, use ser for origin and job and ter for age, say Meu nome é and Eu me chamo, recognize a gente, spell a name, say phone numbers and dates, and fill out a form. ACTFL Novice Low: Interpersonal Communication

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Portuguese introductions for adults: ser, ter, você and o senhor

You will greet people and introduce yourself and others, choose você with friends, coworkers and most adults and o senhor or a senhora with older people, customers and formal settings, use ser for origin and job and ter for age, say Meu nome é... and Eu me chamo..., ask and answer Qual é o seu nome? and De onde você é?, recognize a gente as the everyday nós, spell a name, say phone numbers and dates in day/month order, and fill out a form (nome, sobrenome, data de nascimento, endereço).

① Quick Check

Do this before the lesson. It shows what your student already knows. Score: ____ / 10

1. You meet a new coworker your age. Which question fits?

A Qual é os seus nome? **B** Qual é o meu nome? **C** Qual é o seu nome? **D** Qual são o seu nome?

2. Choose: Eu ___ trinta e cinco anos.

A sou **B** estou **C** tenho **D** tem

3. Choose the form of ser: Meus sogros ___ de Goiás.

A somos **B** é **C** são **D** sou

4. On a form, what does o sobrenome ask for?

A Your job **B** Your first name **C** Your nickname **D** Your last name

5. Fix the mistake: Meu irmão tem do Rio.

A Meu irmão tem Rio. **B** Meu irmão está do Rio. **C** Meu irmão são do Rio.
D Meu irmão é do Rio.

6. Choose the missing word: ___ você se chama?

A Qual **B** Quantos **C** Como **D** Onde

7. A clerk says O senhor pode soletrar o sobrenome? What does the clerk want?

A For you to write your address **B** For you to repeat your first name
C For you to spell your last name **D** For you to sign the form

3. Fix the mistake: Você és do Brasil?

A Você está do Brasil? **B** Você são do Brasil? **C** Você é do Brasil? **D** Você sou do Brasil?

4. Look at the picture. Choose: Meus pais ___ do Equador e ___ sessenta anos.




A são, têm **B** são, são **C** têm, são **D** estão, têm

5. Fix the mistake: Eu chamo Pedro. (standard rule)

A Eu se chamo Pedro. **B** Eu te chamo Pedro. **C** Eu me chama Pedro. **D** Eu me chamo Pedro.

② Learn It

Key words

- **Bom dia, boa tarde, boa noite (bohn JEE-ah, BOH-ah TAR-jee, BOH-ah NOY-chee)**: good morning, good afternoon, good evening or good night
- **Meu nome é... (MEH-oo NOH-mee EH)**: My name is...
- **Eu me chamo... (EH-oo mee SHAH-moo)**: My name is... (I am called...)
- **Qual é o seu nome? (KWAHL EH oo SEH-oo NOH-mee)**: What is your name?
- **De onde você é? (jee OHN-jee voh-SEH EH)**: Where are you from?
- **Muito prazer. (MOOY-too prah-ZEHR)**: Nice to meet you.
- **o senhor, a senhora (oo seh-NYOR, ah seh-NYOH-rah)**: you (formal, to a man, to a woman)
- **a gente (ah ZHEN-chee)**: we (everyday speech, with the ele form of the verb)
- **o nome (oo NOH-mee)**: the first name
- **o sobrenome (oo soh-bree-NOH-mee)**: the last name
- **o endereço (oo eyn-deh-REH-soo)**: the address
- **a data de nascimento (ah DAH-tah jee nah-see-MEN-too)**: the date of birth
- **a profissão (ah proh-fee-SOWN)**: the occupation
- **Tenho quarenta anos. (TEH-nyoo kwah-REN-tah AH-noos)**: I am forty years old.

Warm-up

1. Listen to the greeting and say it aloud with your own name: Bom dia. Meu nome é... Muito prazer.
2. Think of three people you might greet this week in Portuguese: a customer, a coworker and a friend. Would you speak to each one in the same way?

> *Bom dia. Meu nome é Carla. Muito prazer.*

Teach

1. Ser (to be) tells origin, nationality and job: eu sou, você é, ele é, ela é, nós somos, vocês são, eles são. Sou dos Estados Unidos. Ela é enfermeira.

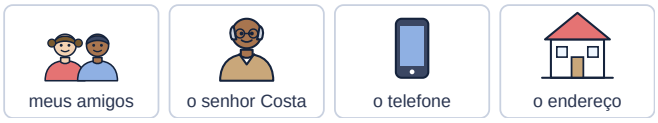
	você	o senhor, a senhora
who	friends, family, coworkers, most adults your age	older people, customers, a boss in a formal setting, a doctor
name	Qual é o seu nome?	Qual é o nome do senhor?
origin	De onde você é?	De onde o senhor é?
age	Quantos anos você tem?	Quantos anos a senhora tem?

2. Ter (to have) tells age: Tenho quarenta anos. Portuguese says I have forty years, never Sou quarenta anos. Eu tenho, você tem, ele tem, nós temos, eles têm.
3. Names: Meu nome é Ana or Eu me chamo Ana. To ask: Qual é o seu nome? or Como você se chama?
4. In Brazil, você is the normal word for you, even with many adults. Use o senhor or a senhora to show respect to older people and customers. All three use the same verb form as ele and ela: você é, o senhor é, a senhora tem. Você és is wrong.
5. A gente is the everyday way to say we, with the ele form of the verb: A gente é do Texas. A gente tem dois filhos. Nós is more formal: nós somos, nós temos.
6. Question words: qual (which, what: Qual é o seu telefone?), de onde (from where), quantos (how many: Quantos anos?), como (how).

> *Qual é o seu nome? De onde você é? Sou dos Estados Unidos e tenho quarenta anos.*

Guided practice

1. Look at each picture and decide: você or o senhor? Say a question aloud.



2. Introduce two people you know in Portuguese: Este é... or Esta é..., where they are from, their job and, if polite, their age.
3. Spell your first and last name with the Portuguese alphabet (a, bê, cê, dê, é, efe, gê, agá, i, jota...). Say your phone number one digit at a time. In Brazil, six is often said meia in phone numbers.

> *Esta é a minha colega Rosa. Ela é de Minas Gerais e é professora.*

Worked examples

Complete: Meu colega ___ de Recife e ___ quarenta anos.



é, tem. Origin uses ser (é de Recife) and age uses ter (tem quarenta anos).

A Brazilian form shows the date of birth 05/09/1988. What date is it?
The 5th of September, 1988. Brazil writes the day first, then the month: 5 de setembro de 1988.

Watch for these mistakes

Mistake: Using ser for age: Eu sou quarenta anos.
Fix: Age uses ter: Eu tenho quarenta anos.

Mistake: Using the tu verb form with você: Você és de onde?
Fix: Você takes the ele form: Você é de onde? or De onde você é?

③ We Do It Together: 10 questions

> *Do these side by side. Read each question together, let your student answer, then read the answer and the "why" right below it and talk it through.*

1. What does Muito prazer mean when you meet someone?

A I like it a lot. **B** Nice to meet you. **C** Thank you very much. **D** See you soon.

> **Answer: B** Nice to meet you.
> **Why:** Muito prazer is the usual reply when you meet someone.

2. What does this mean? Ela é minha colega de trabalho.

A She is my roommate. **B** She is my boss. **C** She is my coworker. **D** She is my classmate.

> **Answer: C** She is my coworker.
> **Why:** Colega de trabalho: coworker.

3. Look at the picture. Choose the respectful word for this older man: De onde ___ é?



A a gente **B** o senhor **C** eu **D** a senhora

> **Answer: B** o senhor
> **Why:** An older man: o senhor.

4. Which pronoun is the everyday you in Brazil?

A o senhor **B** a gente **C** eles **D** você

> **Answer: D** você
> **Why:** Você is the normal you in most of Brazil.

5. How do you say this in Portuguese? Where are you from? (to an older man)

A De onde você és? **B** Onde o senhor é de? **C** De onde a senhora é? **D** De onde o senhor é?

> **Answer: D** De onde o senhor é?
> **Why:** O senhor for an older man, with é.

5. How do you say this in Portuguese? She is a teacher.

A Ela é uma professoras. **B** Ela é professora. **C** Ela tem professora. **D** Ela está professora.

> **Answer: B** Ela é professora.
> **Why:** A job uses ser, usually with no article.

6. Read: A: De onde a senhora é? B: ___ de Fortaleza. Which word fits?

A Sou **B** Estou **C** É **D** Tenho

> **Answer: A** Sou
> **Why:** Origin, eu: sou.

7. Read: A: Quantos anos o seu filho tem? B: Ele ___ doze anos. Which word fits?

A tenho **B** está **C** tem **D** é

> **Answer: C** tem
> **Why:** Age uses ter: tem.

8. Fix the mistake: Esta é o meu chefe.

A Este é o meu chefe. **B** Este são o meu chefe. **C** Este é a minha chefe. **D** Esta é a meu chefe.

> **Answer: A** Este é o meu chefe.
> **Why:** For a man: este é o meu chefe.

9. Choose: Minha cunhada ___ vinte e oito anos e ___ de Recife.

A é, tem **B** é, é **C** tem, tem **D** tem, é

> **Answer: D** tem, é
> **Why:** Age uses ter (tem) and origin uses ser (é de Recife).

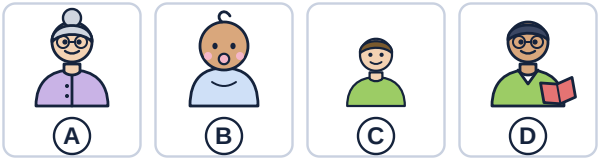
④ You Try: 10 questions

Now your student works alone. Check answers in the Answer Key at the end of this topic. Score: ____ / 10

1. Choose the form of ser: O meu marido ___ cozinheiro.

A tem **B** está **C** é **D** são

2. Listen: Esta é a minha avó, dona Elena. Who is the speaker introducing? Choose A, B, C or D.



A **B** **C** **D**

3. Listen and choose: Sou dos Estados Unidos e tenho quarenta anos. How old is the speaker?

A 40 **B** 4 **C** 30 **D** 14

4. Look at the picture. Choose: A dona Marta ___ professora.



A é **B** tem **C** são **D** está

5. What does this mean? O que você faz?

A Where do you work? **B** What are you doing now? **C** What do you do for a living?

D Who are you?

6. Choose: Como a senhora se ___?

A chamamos **B** chama **C** chamo **D** chamam

7. Read: Bom dia, dona Lúcia. Este é o Jorge, o novo técnico. Ele é de Curitiba. Jorge, a dona Lúcia é a gerente. Who is the new employee?

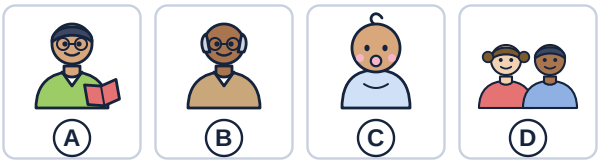
A The manager **B** Jorge **C** Dona Lúcia **D** The speaker

8. What does this mean? Este é o senhor Costa, nosso novo cliente.

A Mr. Costa is a new coworker. **B** Mr. Costa introduces our new client.

C This is Mr. Costa, our new boss. **D** This is Mr. Costa, our new client.

2. Listen: Estes são os meus amigos da faculdade. Who are the speaker's guests? Choose A, B, C or D.



A **B** **C** **D**

3. Look at the picture. Choose: Meu neto ___ um ano.



A está **B** é **C** têm **D** tem

Portuguese introductions for adults: ser, ter, você and o senhor: Answers and explanations

① Quick Check

1. You meet a new coworker your age. Which question fits?
   C Qual é o seu nome?
   Você with seu: Qual é o seu nome?

2. Choose: Eu ___ trinta e cinco anos.
   C tenho
   Age uses ter: eu tenho.

3. Choose the form of ser: Meus sogros ___ de Goiás.
   C são
   Meus sogros is plural (eles): são.

4. On a form, what does o sobrenome ask for?
   D Your last name
   O sobrenome is the family name.

5. Fix the mistake: Meu irmão tem do Rio.
   D Meu irmão é do Rio.
   Origin uses ser + de.

6. Choose the missing word: ___ você se chama?
   C Como
   Como você se chama?: what is your name?

7. A clerk says O senhor pode soletrar o sobrenome? What does the clerk want?
   C For you to spell your last name
   Soletrar is to spell, and o sobrenome is the last name.

8. Fix the mistake: Você és do Brasil?
   C Você é do Brasil?
   Você takes é.

9. Look at the picture. Choose: Meus pais ___ do Equador e ___ sessenta anos.
   A são, têm
   Origin uses ser (são) and age uses ter (têm).

10. Fix the mistake: Eu chamo Pedro. (standard rule)
    D Eu me chamo Pedro.
    Chamar-se needs me: eu me chamo.

④ You Try

1. Choose the form of ser: O meu marido ___ cozinheiro.
   C é
   A job uses ser: é cozinheiro.

2. Listen: Esta é a minha avó, dona Elena. Who is the speaker introducing? Choose A, B, C or D.
   A
   It is picture A. The speaker says minha avó.

3. Listen and choose: Sou dos Estados Unidos e tenho quarenta anos. How old is the speaker?
   A 40
   Quarenta anos: 40.

4. Look at the picture. Choose: A dona Marta ___ professora.
   A é
   A job uses ser: é professora.

5. What does this mean? O que você faz?
   C What do you do for a living?
   O que você faz? usually asks about your job.

6. Choose: Como a senhora se ___?
   B chama
   A senhora takes the ele form: se chama.

7. Read: Bom dia, dona Lúcia. Este é o Jorge, o novo técnico. Ele é de Curitiba. Jorge, a dona Lúcia é a gerente. Who is the new employee?
   B Jorge
   O Jorge, o novo técnico.

8. What does this mean? Este é o senhor Costa, nosso novo cliente.
   D This is Mr. Costa, our new client.
   Este é: this is. Cliente: client.

9. Listen: Estes são os meus amigos da faculdade. Who are the speaker's guests? Choose A, B, C or D.
   D
   It is picture D. Meus amigos: the speaker's friends.

10. Look at the picture. Choose: Meu neto ___ um ano.
    D tem
    Age uses ter, even for a baby.

THE FULL WORKBOOK

Keep going with the full Learn Portuguese workbook

You just tried one topic. The full Level 7 · Adults workbook has every topic below, each with a Quick Check, a lesson, We Do It Together, up to 90 You Try questions, Show What You Know and a full answer key.

1. Portuguese introductions for adults: ser, ter, você and o senhor — ACTFL Novice Low: Interpersonal Communication
2. Portuguese for jobs and work schedules: the present tense — ACTFL Novice Mid: Interpersonal Communication
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4. Shopping in Portuguese: prices, returns and irregular verbs — ACTFL Novice High: Interpersonal Communication
5. Portuguese at the doctor and pharmacy: estou com febre, dói and commands — ACTFL Novice High: Interpretive Listening
6. Portuguese for housing: renting, repairs and the past tense — ACTFL Novice High: Presentational Speaking
7. Portuguese for family and school: parents, teachers and vou + infinitive — ACTFL Intermediate Low: Interpersonal Communication
8. Portuguese workplace safety: ter que, precisar, dever and signs — ACTFL Intermediate Low: Interpretive Reading
9. Portuguese for banks, bills and phone plans: comparisons — ACTFL Intermediate Low: Interpersonal Communication
10. Travel Portuguese for adults: já, nunca, hotels and problems — ACTFL Intermediate Low: Interpersonal Communication
11. Portuguese for emergencies: calling for help and telling what happened — ACTFL Intermediate Mid: Presentational Speaking
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