Bible verses for anxiety and worry: verse cards

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Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

Philippians 4:6

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And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:7

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Cast all your anxiety on Him, because He cares for you.

1 Peter 5:7

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Therefore do not worry about tomorrow, for tomorrow will worry about itself. Today has enough trouble of its own.

Matthew 6:34

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Come to Me, all you who are weary and burdened, and I will give you rest.

Matthew 11:28

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Peace I leave with you; My peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled; do not be afraid.

John 14:27

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When anxiety overwhelms me, Your consolation delights my soul.

Psalm 94:19

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You will keep in perfect peace the steadfast of mind, because he trusts in You.

Isaiah 26:3

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Cast your burden upon the LORD and He will sustain you; He will never let the righteous be shaken.

Psalm 55:22

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Look at the birds of the air: They do not sow or reap or gather into barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

Matthew 6:26

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Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.

Psalm 23:4

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I sought the LORD, and He answered me; He delivered me from all my fears.

Psalm 34:4

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