Pre-K 3, week 14: the b sound, big and small

This week your learner will hear the b sound in ball and bus, compare big and small, and talk about people who help us. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big B and a small b on a sheet of paper.
- Find a big ball and a small ball, or two other things in two sizes.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, a big ball and a small ball. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	The b sound page, B bounce card
Tuesday	Math	Big bear, small bear page, Size sort card
Wednesday	Explore	Places that help page, Thank you helpers card
Thursday	Make and move	Bouncing waves page, Bear walk card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

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Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

The b sound

Say: "B, b, ball. Bus and bear start with b too." Your learner traces the big B and small b with a finger, then colors the pictures.

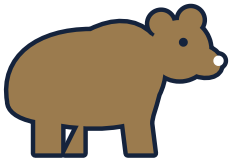
B b



ball



bus

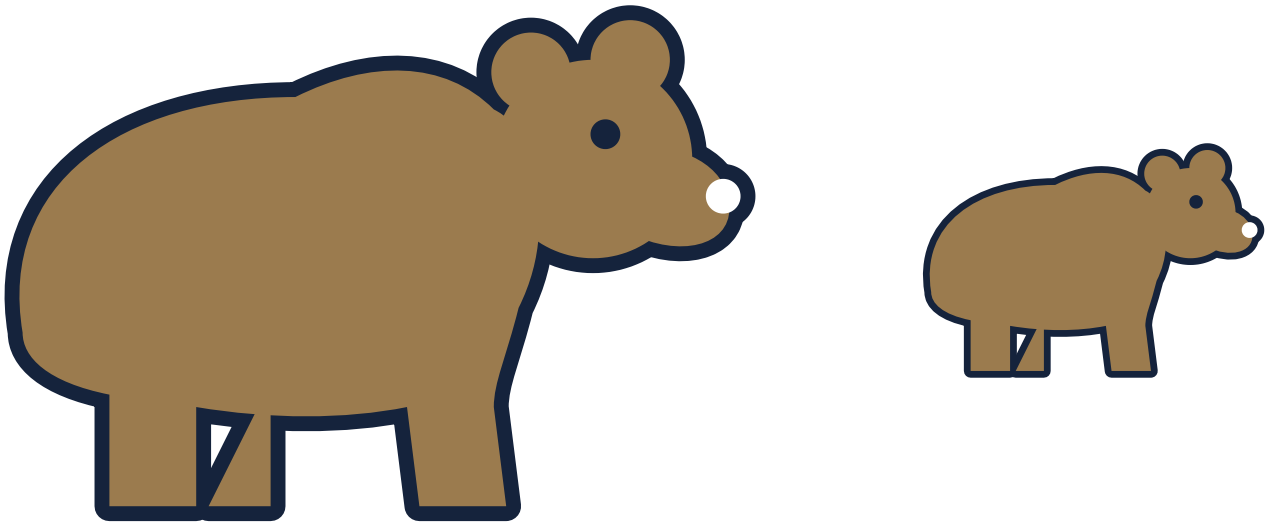


bear

No supplies swap. No printer? Bounce a ball and say "b, b, b".

Big bear, small bear

Say: "Which bear is big? Which is small?" Your learner colors the big bear and circles the small bear.



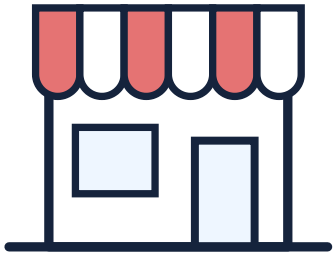
No supplies swap. No printer? Put a big toy and a small toy side by side.

Places that help

Say: "Who helps us at the store? At school?" Your learner points to each place and you talk about who works there.



school



store



doctor



fire station

No supplies swap. No printer? Talk about helpers you have met.

Bouncing waves

Say: "Bounce like a ball. Start at the green dot." Your learner traces each wavy line from left to right.



No supplies swap. No printer? Bounce a ball and follow it with your finger.



B bounce

Time: 5 minutes · **You need:** A soft ball

1. Bounce the ball and say "b".
2. Say b words: ball, bus, bear, bed.
3. Bounce once for each word.

Easier: Just bounce and say "b". **Next step:** Ask "Does bed start with b? Does cat?"

Say this: "Ball. B, b, ball."

No supplies: Pat your knees instead of bouncing.

Builds: Language: sounds in words · Stay close and keep small objects away from mouths.

cut here



Size sort

Time: 5 minutes · **You need:** Big and small toys, two boxes

1. Put a big box and a small box out.
2. Your learner puts big toys in the big box and small toys in the small box.
3. Talk about each one.

Easier: Use 2 toys. **Next step:** Find something bigger than your learner's shoe.

Say this: "Big goes here. Small goes there."

No supplies: Sort pillows and cushions.

Builds: Math: measurement · Stay close and keep small objects away from mouths.



Thank you helpers

Time: 5 minutes · **You need:** Paper, crayons

1. Talk about a helper you know: a doctor, a teacher, a cashier.
2. Your learner draws or scribbles a thank-you picture.
3. Give it, or put it on the fridge.

Easier: Just talk about the helper. **Next step:** Your learner tells you what the helper does.

Say this: "Thank you for helping us."

No supplies: Say thank you to a helper you see this week.

Builds: Social-emotional: gratitude · Stay close and keep small objects away from mouths.

cut here



Bear walk

Time: 5 minutes · **You need:** Space to move

1. Walk on hands and feet like a big bear.
2. Walk tiny like a small bear.
3. Your learner chooses big or small.

Easier: Walk on knees. **Next step:** Walk big and slow, small and fast.

Say this: "Big bear steps. Small bear steps."

No supplies: Do it with your hands on a table.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: B is for ball

Bounce, bounce, b, b, b,
Ball and bus and bear and me.
Bounce it high and bounce it low,
B, b, b, and there we go.

Actions: Bounce a pretend ball. **Try next:** Make up a line about a bird or a bed.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says "b" for b words	☐	☐
Sorts big and small	☐	☐
Names a helper	☐	☐
Walks like a big and a small bear	☐	☐

Next: week 15 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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