Pre-K 3, week 15: helping at home, long and short

This week your learner will help with simple chores, compare long and short, and use tools at home. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Pick one simple chore your learner can help with every day.
- Find a long and a short scarf, ribbon or sock.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, a long and a short scarf or ribbon, a cloth. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	Clean-up time page, Little helper card
Tuesday	Math	Long and short page, Long or short? card
Wednesday	Explore	Tools at home page, Wipe and clean card
Thursday	Make and move	Draw my home page, Sock basketball card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

Printable: Clean-up time 2
Printable: Long and short 3
Printable: Tools at home 4
Printable: Draw my home 5
Activity cards 6
Song of the week and parent notes 8
More from UpOnly Learning 9

Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

Clean-up time

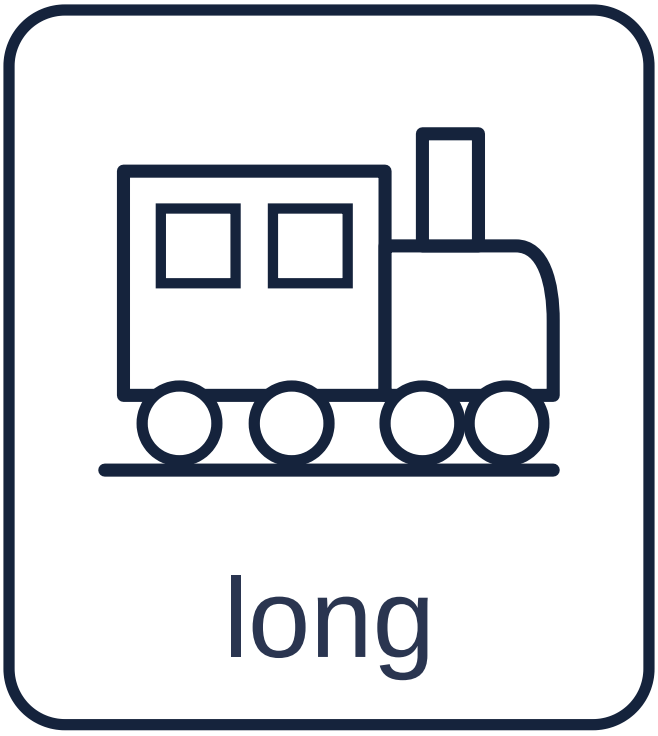
Say: "Where do the toys go? Where do the books go?" Your learner points to each thing and says where it goes.



No supplies swap. No printer? Put away 3 toys together.

Long and short

Say: "The train is long. The car is short." Your learner colors the long train and circles the short car.

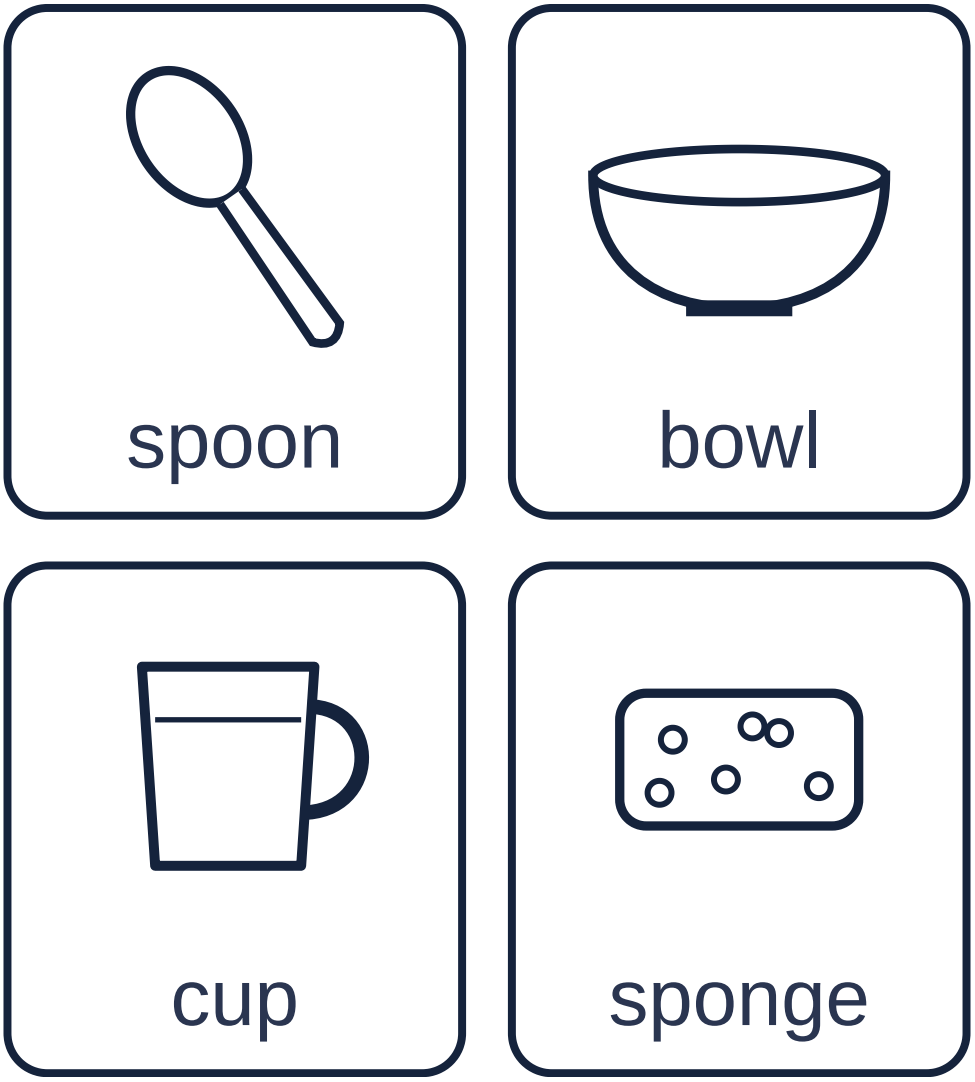




No supplies swap. No printer? Put a long scarf next to a short sock.

Tools at home

Say: "What do we use to eat? To clean?" Your learner names each tool and shows how we use it.



No supplies swap. No printer? Find a spoon, a bowl, a cup and a sponge.

Draw my home

Say: "Draw your home. Who lives there?" Your learner draws their home any way they like and tells you about it.

No supplies swap. No printer? Build a home with pillows or boxes.



Little helper

Time: 5 minutes · **You need:** A chore to share

1. Choose a chore: putting socks in a basket, wiping the table.
2. Show how.
3. Your learner helps and you say thank you.

Easier: Do it together, hand over hand. **Next step:** Your learner does it alone while you watch.

Say this: "Thank you for helping. You are a good helper."

No supplies: Help carry something light, like a towel.

Builds: Social-emotional: helping · Stay close and keep small objects away from mouths.

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Long or short?

Time: 5 minutes · **You need:** A long and a short scarf, ribbon or sock

1. Lay them side by side.
2. Your learner points to the long one, then the short one.
3. Find other long and short things.

Easier: Use things that are very different. **Next step:** Line up 3 from short to long.

Say this: "This one is long. This one is short."

No supplies: Compare a long step and a short step.

Builds: Math: measurement · Stay close and keep small objects away from mouths.



Wipe and clean

Time: 5 minutes · **You need:** A damp cloth, a table

1. Wipe the table together in big circles.
2. Talk about wet and dry.
3. Hang the cloth to dry.

Easier: Wipe a small spot. **Next step:** Wipe from left to right in lines.

Say this: "Big circles. Now it's clean."

No supplies: Wipe with a dry cloth.

Builds: Science: tools at home · Stay close and keep small objects away from mouths.

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Sock basketball

Time: 5 minutes · **You need:** Rolled socks, a basket

1. Your learner throws socks into the basket.
2. Count the ones that go in.
3. Move back one step and try again.

Easier: Stand close. **Next step:** Throw with the other hand.

Say this: "In it goes. Two socks."

No supplies: Throw socks onto a towel.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Clean-up song

Clean up, clean up, one, two, three,
Toys in the box, help with me.
Books on the shelf, shoes by the door,
Look how clean, a tidy floor.

Actions: March as you put things away. **Try next:** Sing it every time you clean up.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Helps with one chore	☐	☐
Points to the long one and the short one	☐	☐
Shows how to use a spoon and a sponge	☐	☐
Throws a sock into a basket	☐	☐

Next: week 16 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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