Pre-K 3, week 30: the d sound and color patterns

This week your learner will hear the d sound in dog and duck, make color patterns and push and pull things. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big D and a small d on a sheet of paper.
- Gather red and blue blocks or socks, and a toy car.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, red and blue crayons, red and blue blocks or socks, a toy car, a box. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	The d sound page, Drum d card
Tuesday	Math	Red, blue, red, blue page, Block pattern card
Wednesday	Explore	Push and pull page, Push or pull? card
Thursday	Make and move	Wavy road page, Duck walk card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

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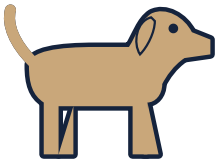
Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

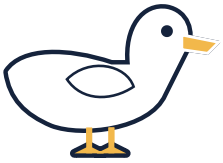
The d sound

Say: "D, d, drum. Dog, duck and drum start with d." Your learner traces the big D and small d with a finger, then colors the pictures.

D d



dog



duck

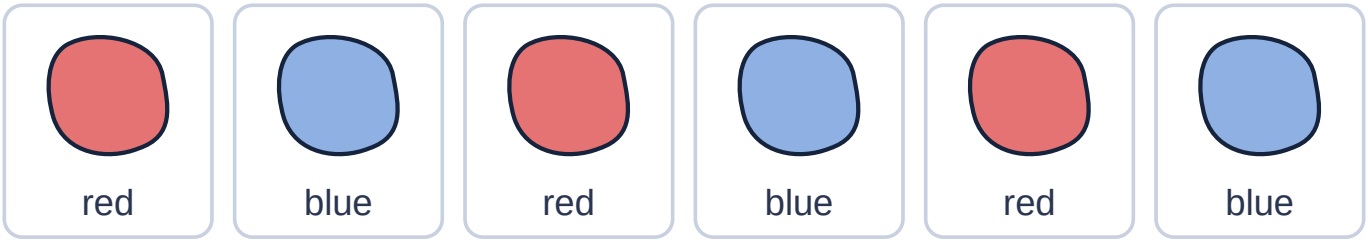


drum

No supplies swap. No printer? Drum on the table and say "d, d, d".

Red, blue, red, blue

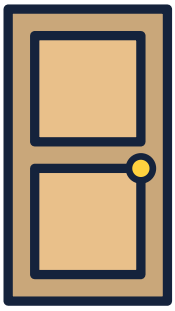
Say: "Red, blue, red, blue. What comes next?" Your learner says the pattern with you, pointing to each spot. On the black-and-white page, your learner colors the spots red, blue, red, blue.



No supplies swap. No printer? Make a red-blue pattern with blocks or socks.

Push and pull

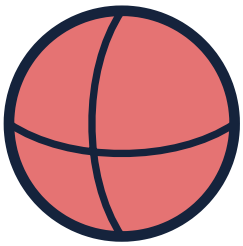
Say: "We push a door. We pull a wagon. What about these?" Your learner points to each picture and shows push or pull.



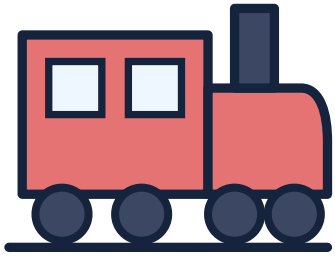
door



car



ball



train

No supplies swap. No printer? Push a box, then pull it with a scarf.

Wavy road

Say: "Drive the car on the road. Start at the green dot." Your learner traces each wavy line from left to right.



No supplies swap. No printer? Drive a toy car on a wavy scarf.



Drum d

Time: 5 minutes · **You need:** A pot and spoon, or the table

1. Drum and say "d".
2. Say d words: dog, duck, dad, door.
3. Drum once for each.

Easier: Just drum and say "d". **Next step:** Ask "Does door start with d? Does sun?"

Say this: "Dog. D, d, dog."

No supplies: Pat your knees.

Builds: Language: sounds in words · Stay close and keep small objects away from mouths.

cut here



Block pattern

Time: 5 minutes · **You need:** Red and blue blocks or socks

1. Make red, blue, red, blue.
2. Say it together.
3. Your learner adds the next one.

Easier: Copy your pattern. **Next step:** Make a longer pattern.

Say this: "Red, blue, red, blue. Next?"

No supplies: Clap, pat, clap, pat.

Builds: Math: patterns · Stay close and keep small objects away from mouths.



Push or pull?

Time: 5 minutes · **You need:** A box, a toy car, a scarf

1. Push the box across the floor.
2. Tie a scarf to it and pull.
3. Your learner tries both.

Easier: Push only. **Next step:** Push the car hard and soft and watch how far it goes.

Say this: "Push. Now pull."

No supplies: Push and pull a chair together (an adult lifts anything heavy).

Builds: Science: push and pull · Stay close and keep small objects away from mouths.

cut here



Duck walk

Time: 5 minutes · **You need:** Space to move

1. Squat and waddle like a duck.
2. Quack as you go.
3. Waddle to a spot and back.

Easier: Hold hands. **Next step:** Waddle fast and slow.

Say this: "Waddle, waddle, quack."

No supplies: Flap arms like wings.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: D, d, drum

D, d, drum, the dog says woof,
The duck says quack up on the roof.
D, d, d, dance with me,
D, d, d, one, two, three.

Actions: Drum on your knees. **Try next:** Add a line about dad or a door.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says "d" for d words	☐	☐
Copies a color pattern	☐	☐
Pushes and pulls a box	☐	☐
Waddles like a duck	☐	☐

Next: week 31 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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