Pre-K 3, week 34: the h sound, more and fewer

This week your learner will hear the h sound in hat and horse, compare more and fewer, and see how things change. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big H and a small h on a sheet of paper.
- Gather 5 toys too big to fit in the mouth.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, 5 toys, a hat. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	The h sound page, Hat hunt card
Tuesday	Math	Which has more? page, More toys, fewer toys card
Wednesday	Explore	Then and now page, Then and now book card
Thursday	Make and move	Hopping waves page, Horse gallop card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

Printable: The h sound 2
Printable: Which has more? 3
Printable: Then and now 4
Printable: Hopping waves 5
Activity cards 6
Song of the week and parent notes 8
More from UpOnly Learning 9

Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

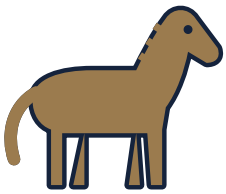
The h sound

Say: "H, h, like a puff of breath. Hat, horse and house start with h." Your learner traces the big H and small h with a finger, then colors the pictures.

H h



hat



horse



house

No supplies swap. No printer? Breathe "h, h" on a cold window or on your hand.

Which has more?

Say: "Count each row. Color the row with more." Your learner counts each row with you and colors the row that has more.





No supplies swap. No printer? Put 1 toy and 3 toys on the table and compare.

Then and now

Say: "A tadpole grows into a frog. A seed grows into a plant." Your learner points to each picture and says what it grows into.



tadpole



frog



seed



plant

No supplies swap. No printer? Look at a plant or a baby photo.

Hopping waves

Say: "Hop like a horse. Start at the green dot." Your learner traces each wavy line from left to right.



No supplies swap. No printer? Gallop like a horse.



Hat hunt

Time: 5 minutes · **You need:** A hat

1. Put on the hat and say "h, h, hat".
2. Find h things: hand, head, hug.
3. Breathe "h" for each.

Easier: Just say "h" together. **Next step:** Ask "Does hand start with h? Does sun?"

Say this: "Hat. H, h, hat."

No supplies: Breathe "h" on your hand.

Builds: Language: sounds in words · Stay close and keep small objects away from mouths.

cut here



More toys, fewer toys

Time: 5 minutes · **You need:** 5 toys

1. Make two groups.
2. Ask "Which has more?"
3. Count to check, then change the groups.

Easier: Use very different groups. **Next step:** Ask "How can we make them the same?"

Say this: "This group has more. Let's count."

No supplies: Compare fingers on two hands.

Builds: Math: more and fewer · Stay close and keep small objects away from mouths.



Then and now book

Time: 10 minutes · **You need:** Paper, crayons

1. Fold a paper in half.
2. Your learner draws "baby me" on one side and "me now" on the other.
3. Talk about the changes.

Easier: You draw, your learner colors. **Next step:** Add "me when I am big".

Say this: "Then you were small. Now you are big."

No supplies: Talk about it with no paper.

Builds: Science: growing and changing · Stay close and keep small objects away from mouths.

cut here



Horse gallop

Time: 5 minutes · **You need:** Space to move

1. Gallop like a horse around the room.
2. Stop and neigh.
3. Gallop again.

Easier: Walk fast. **Next step:** Gallop around a pillow.

Say this: "Gallop, gallop, whoa."

No supplies: March in place.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: H is for hat

H, h, hat on my head,
H, h, horse in the shed.
H, h, hug you tight,
H, h, house at night.

Actions: Point to your head and hug yourself. **Try next:** Add a line about hands.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says "h" for h words	☐	☐
Points to the group with more	☐	☐
Says what a tadpole or seed grows into	☐	☐
Gallops around the room	☐	☐

Next: week 35 of 36. If you have concerns about your learner's development, talk with your pediatrician.

More from UpOnly Learning

Free Pre-K 3 now, and free Pre-K 4 next year.

Free Pre-K 3, week by week

Parent plans, printables, activity cards and original songs for ages 3 to 4. Free, with no caps and no ads.

Free Pre-K 4 for next year

Letters and sounds, name writing, counting to 20, shapes and patterns for ages 4 to 5, week by week.

Child development guide

Milestones, sleep and behavior for ages 3 to 5, and when to talk with your pediatrician.

Free resources

Free lessons, samples and guides for parents, teachers, tutors and homeschool families.

Membership from kindergarten

On-screen lessons, practice and progress reports from kindergarten to 8th grade. Month to month. Cancel anytime.



“Every student deserves what I want for my own kids: clear lessons, one step at a time.”

Dr. Evan J. Hasson, founder

Visit

uponlylearning.com/pre-k.html

Scan to open this week online and see every Pre-K 3 week