Pre-K 3, week 36: look how I've grown

This is the last week of Pre-K 3. Your learner plays favorite games from the year: their name, counting to 5, colors, shapes and moving. Use the parent notes page to see how much your learner has grown.

5-minute prep

- Have your learner's name strip from week 1.
- Gather 5 spoons or blocks and things in a few colors and shapes.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, the name strip, 5 spoons or blocks, colored and shaped things. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	My name again page, Year photo talk card
Tuesday	Math	Count and color to 5 page, Counting party card
Wednesday	Explore	Colors and shapes page, Favorite song show card
Thursday	Make and move	Draw me at the end page, Freeze dance party card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

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Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

My name again

Say: "Here is your name. Where is your first letter?" Your learner finds the first letter of their name, colors it and traces the lines.

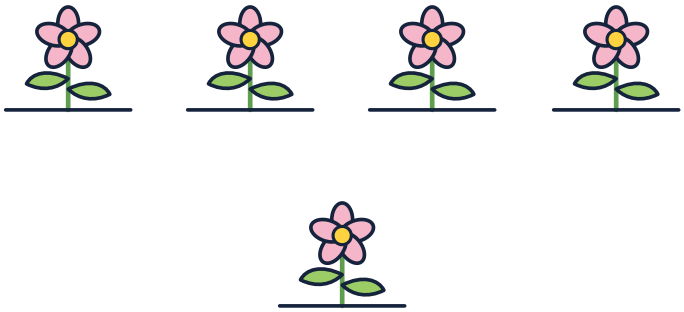
First letter



No supplies swap. No printer? Trace the name strip with a finger.

Count and color to 5

Say: "Count each row and color that many dots." Your learner counts each row and colors that many dots.









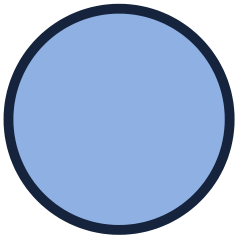




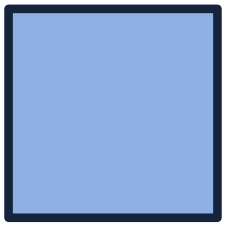
No supplies swap. No printer? Count 5 spoons, then 3.

Colors and shapes

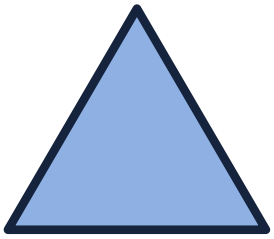
Say: "Show me the circle. What color will you make it?" Your learner names each shape and colors it any color they like.



circle



square



triangle

No supplies swap. No printer? Find a circle, a square and a triangle at home.

Draw me at the end

> Say: "Draw you at the end of the year." Your learner draws themself any way they like. Put it next to the week 4 and week 35 drawings.

No supplies swap. No printer? Mark your learner's height on the wall again.



Year photo talk

Time: 10 minutes · **You need:** Drawings or photos from the year

1. Look at the drawings and photos together.
2. Ask "What did you like?"
3. Talk about what is new now.

Easier: Just look and name. **Next step:** Your learner tells a short story about the year.

Say this: "Look how you've grown."

No supplies: Talk about favorite songs.

Builds: Language: talking about the past · Stay close and keep small objects away from mouths.

cut here



Counting party

Time: 5 minutes · **You need:** 5 spoons or blocks

1. Count 5 together.
2. Ask "Give me 3."
3. Make two piles and ask "Which has more?"

Easier: Up to 3. **Next step:** Up to 5 and back.

Say this: "You can count to 5."

No supplies: Count claps.

Builds: Math: counting and cardinality · Stay close and keep small objects away from mouths.



Favorite song show

Time: 5 minutes · **You need:** Nothing

1. Your learner picks a favorite song from the year.
2. Sing it with the actions.
3. Sing another one.

Easier: You start the song. **Next step:** Your learner leads the actions.

Say this: "That was your favorite. Sing it again."

No supplies: Hum the tune together.

Builds: Arts: music and movement · Stay close and keep small objects away from mouths.

cut here



Freeze dance party

Time: 5 minutes · **You need:** Music or your singing

1. Dance.
2. Freeze when it stops.
3. Freeze in a shape: tall, small, wide.

Easier: Freeze any way. **Next step:** Freeze on one foot for a moment.

Say this: "Freeze. Now dance."

No supplies: Sing and stop.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Look how I've grown

Look how I've grown, from head to toe,
So many things I didn't know.
I count, I sing, I share, I play,
I'm growing more every day.

Actions: Stretch up tall on the last line. **Try next:** Sing it with a new thing your learner can do.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Finds the first letter of their name	☐	☐
Counts 5 objects	☐	☐
Names a color and a shape	☐	☐
Freezes when the music stops	☐	☐

This is the last week of Pre-K 3. Next: Pre-K 4, free at uponlylearning.com. If you have concerns about your learner's development, talk with your pediatrician.

More from UpOnly Learning

Free Pre-K 3 now, and free Pre-K 4 next year.

Free Pre-K 3, week by week

Parent plans, printables, activity cards and original songs for ages 3 to 4. Free, with no caps and no ads.

Free Pre-K 4 for next year

Letters and sounds, name writing, counting to 20, shapes and patterns for ages 4 to 5, week by week.

Child development guide

Milestones, sleep and behavior for ages 3 to 5, and when to talk with your pediatrician.

Free resources

Free lessons, samples and guides for parents, teachers, tutors and homeschool families.

Membership from kindergarten

On-screen lessons, practice and progress reports from kindergarten to 8th grade. Month to month. Cancel anytime.



“Every student deserves what I want for my own kids: clear lessons, one step at a time.”

Dr. Evan J. Hasson, founder

Visit

uponlylearning.com/pre-k.html

Scan to open this week online and see every Pre-K 3 week