Pre-K 3, week 4: review and show me

This is a review week with nothing new. Your learner plays games that bring back their name, family and feelings words, and counting to 3. Use the parent notes page to see what to practice next.

5-minute prep

- Have your learner's name strip from week 1 ready.
- Gather 3 toys too big to fit in the mouth and a mirror.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, 3 toys, the name strip, a mirror. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	Who and how? page, Name hunt again card
Tuesday	Math	Count and color to 3 page, Toy count card
Wednesday	Explore	Point and name page, Feelings guess card
Thursday	Make and move	Draw me page, Freeze dance card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

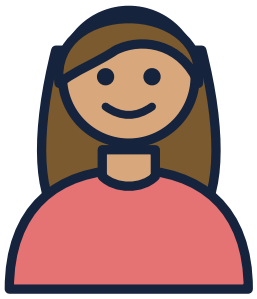
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Safety

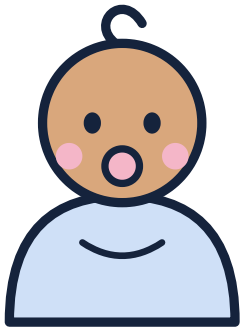
- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

Who and how?

Say: "Who is this? How does she feel?" Your learner names each person and feeling, then colors the pictures.



mom



baby



happy



sad

No supplies swap. No printer? Make a face and let your learner guess the feeling.

Count and color to 3

Say: "Count each row. Color one dot for each one." Your learner counts each row, touching each picture, and colors that many dots.





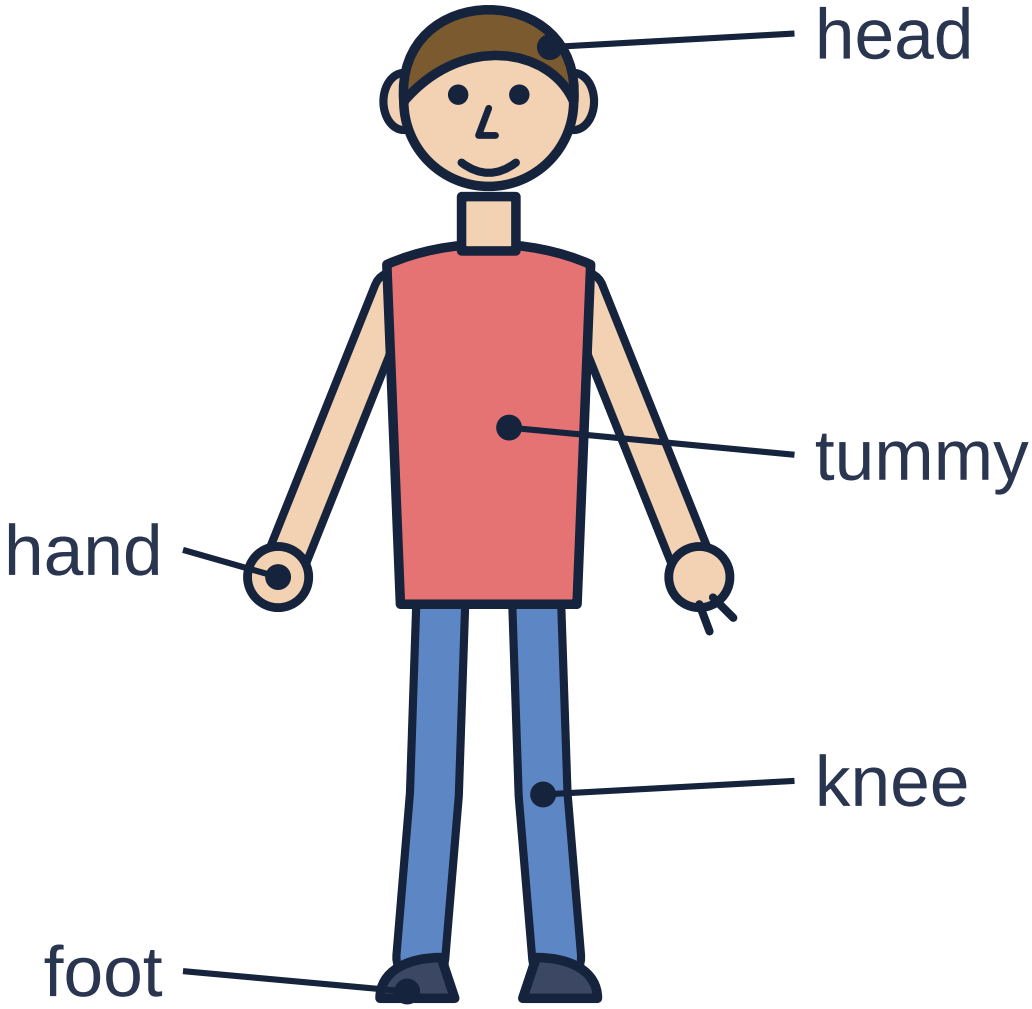





No supplies swap. No printer? Count toys into a box, up to 3.

Point and name

Say: "Show me the hand. Show me the foot." Your learner points to each body part and says the word.



No supplies swap. No printer? Play "touch your head, touch your feet".

Draw me

Say: "Draw you. Where is your head?" Your learner draws themself any way they like. Any drawing counts.

No supplies swap. No printer? Lie on the floor and trace around your learner's hand with a finger.



Name hunt again

Time: 5 minutes · **You need:** The name strip, a few books

1. Show the name strip.
2. Look for the first letter of the name on a book cover.
3. Each time your learner finds it, cheer.

Easier: Look at the name strip only. **Next step:** Look for the letter on cereal boxes too.

Say this: "That letter is in your name."

No supplies: Point to the letter in any print around you.

Builds: Language: my name · Stay close and keep small objects away from mouths.

cut here



Toy count

Time: 5 minutes · **You need:** 3 toys, a box

1. Your learner puts toys in the box one at a time.
2. Count together as each one goes in.
3. Ask "How many in the box?"

Easier: Use 2 toys. **Next step:** Ask your learner to give you exactly 2.

Say this: "Give me two. One, two. Thank you."

No supplies: Count stairs or steps up to 3.

Builds: Math: counting and cardinality · Stay close and keep small objects away from mouths.



Feelings guess

Time: 5 minutes · **You need:** A mirror (optional)

1. You make a feelings face.
2. Your learner says the feeling.
3. Swap.

Easier: Choose between two words: "Happy or sad?" **Next step:** Ask "What makes you feel that way?"

Say this: "I see a sad face. What happened?"

No supplies: Needs nothing.

Builds: Social-emotional: feelings words · Stay close and keep small objects away from mouths.

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Freeze dance

Time: 5 minutes · **You need:** Any music, or your singing

1. Dance while the music plays.
2. When it stops, freeze.
3. Start again.

Easier: Hold hands while you dance. **Next step:** Freeze in a happy shape or a sad shape.

Say this: "Freeze. Wow, you are a statue."

No supplies: Sing and stop singing instead of music.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Look at me

Look at me, look at me,
I can count to three.
One, two, three,
Look at me.

Actions: Hold up a finger for each number. **Try next:** Clap 3 times, then stomp 3 times.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Finds the first letter of their name	☐	☐
Gives you 2 or 3 toys when asked	☐	☐
Names a feeling from a face	☐	☐
Freezes when the music stops	☐	☐

Next: week 5 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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