Pre-K 3, week 6: the m sound, yellow and green

This week your learner will hear the m sound in moon and milk, color yellow and green, and talk about feelings. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big M and a small m on a sheet of paper.
- Find 2 yellow and 2 green things too big to fit in the mouth.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, yellow and green crayons, yellow and green household things. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Talk and listen	The m sound page, Mmm snack talk card
Tuesday	Math	Yellow and green page, Color hunt card
Wednesday	Explore	Faces and feelings page, Mirror feelings card
Thursday	Make and move	Wavy waves page, Crayon dots card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

Printable: The m sound 2
Printable: Yellow and green 3
Printable: Faces and feelings 4
Printable: Wavy waves 5
Activity cards 6
Song of the week and parent notes 8
More from UpOnly Learning 9

Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

The m sound

Say: "Mmm, like yummy food. Moon, milk, monkey all start with mmm." Your learner traces the big M and small m with a finger, then colors the pictures.

M m



moon



milk

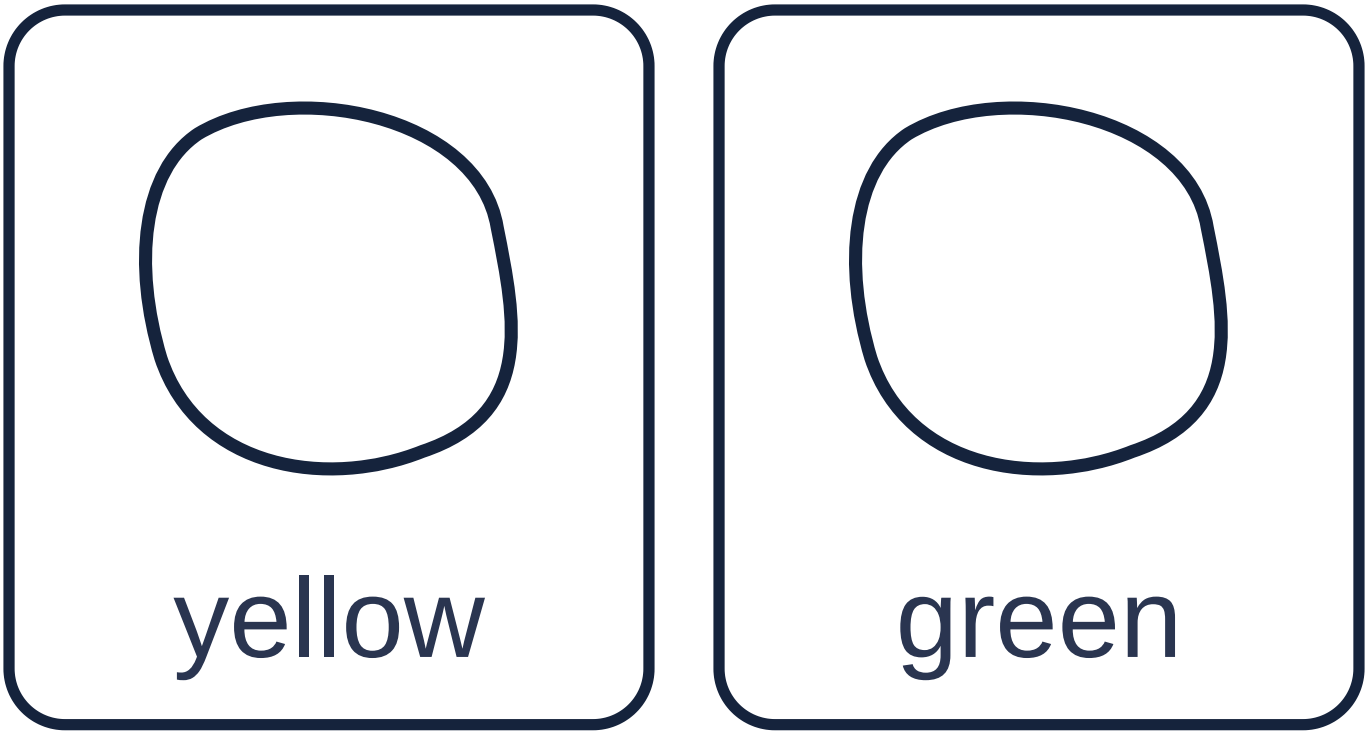


monkey

No supplies swap. No printer? Say "mmm" while rubbing your tummy, then think of m words together.

Yellow and green

Say: "This one is yellow, like the sun. This one is green, like grass." Your learner points to yellow, then green, and finds a crayon that matches each spot. On the black-and-white page, your learner colors the spots in.



No supplies swap. No printer? Find something yellow and something green in the room.

Faces and feelings

Say: "Look at this face. Is it happy or tired?" Your learner points to each face and says the feeling with you.



No supplies swap. No printer? Take turns making faces and guessing the feeling.

Wavy waves

Say: "Make waves in the water. Start at the green dot." Your learner traces each wavy line from left to right.



No supplies swap. No printer? Make waves with a ribbon or a scarf in the air.



Mmm snack talk

Time: 5 minutes · **You need:** Nothing

1. Say "mmm" together like something tastes good.
2. Say m words slowly: mmmoon, mmmilk, mmmom.
3. Your learner says "mmm" each time.

Easier: Just say "mmm" together. **Next step:** Ask "Does mom start with mmm? Does ball?"

Say this: "Mmmilk. Milk starts with mmm."

No supplies: Needs nothing.

Builds: Language: sounds in words · Stay close and keep small objects away from mouths.

cut here



Color hunt

Time: 5 minutes · **You need:** A small basket

1. Say "Find something yellow."
2. Your learner brings it to the basket.
3. Do the same for green.

Easier: Hold up a crayon to match. **Next step:** Find 2 of each color.

Say this: "Is it yellow? Yes, it is yellow."

No supplies: Point to colors in a picture book.

Builds: Math: matching colors · Stay close and keep small objects away from mouths.



Mirror feelings

Time: 5 minutes · **You need:** A mirror (optional)

1. Look in the mirror together.
2. Make a surprised face, then a tired face.
3. Your learner copies and names each one.

Easier: Copy the face only. **Next step:** Ask "What makes you surprised?"

Say this: "Your eyes are big. You look surprised."

No supplies: Make faces at each other.

Builds: Social-emotional: emotions · Stay close and keep small objects away from mouths.

cut here



Crayon dots

Time: 5 minutes · **You need:** Paper, a crayon

1. Show how to tap the crayon to make dots.
2. Your learner fills the page with dots.
3. Count a few dots together.

Easier: Make big marks instead. **Next step:** Make dots in a line.

Say this: "Tap, tap, tap. Lots of dots."

No supplies: Press finger dots into playdough.

Builds: Physical: fine motor · Stay close and keep small objects away from mouths.

Song of the week: Mmm, mmm

Mmm, mmm, moon and milk,
Mmm, mmm, smooth like silk.
Mmm, mmm, mom and me,
Mmm is fun, as you can see.

Actions: Rub your tummy on every "mmm". **Try next:** Swap in other m words: monkey, mud, mitten.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says "mmm" for m words	☐	☐
Colors with yellow and green when asked	☐	☐
Names 2 feelings from faces	☐	☐
Makes dots with a crayon	☐	☐

Next: week 7 of 36. If you have concerns about your learner's development, talk with your pediatrician.

More from UpOnly Learning

Free Pre-K 3 now, and free Pre-K 4 next year.

Free Pre-K 3, week by week

Parent plans, printables, activity cards and original songs for ages 3 to 4. Free, with no caps and no ads.

Free Pre-K 4 for next year

Letters and sounds, name writing, counting to 20, shapes and patterns for ages 4 to 5, week by week.

Child development guide

Milestones, sleep and behavior for ages 3 to 5, and when to talk with your pediatrician.

Free resources

Free lessons, samples and guides for parents, teachers, tutors and homeschool families.

Membership from kindergarten

On-screen lessons, practice and progress reports from kindergarten to 8th grade. Month to month. Cancel anytime.



“Every student deserves what I want for my own kids: clear lessons, one step at a time.”

Dr. Evan J. Hasson, founder

Visit

uponlylearning.com/pre-k.html

Scan to open this week online and see every Pre-K 3 week