# Pre-K 3, week 6: the m sound, yellow and green

This week your learner will hear the m sound in moon and milk, color yellow and green, and talk about feelings. Each activity takes about 5 to 10 minutes. Print the pages, or do them with things you already have at home.

**5-minute prep**

- Write a big M and a small m on a sheet of paper.
- Find 2 yellow and 2 green things too big to fit in the mouth.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

**Household supplies:** Paper, yellow and green crayons, yellow and green household things. No supplies? Every card has a swap.

## The week at a glance

| Day | Focus | Pieces |
|---|---|---|
| Monday | Talk and listen | The m sound page, Mmm snack talk card |
| Tuesday | Math | Yellow and green page, Color hunt card |
| Wednesday | Explore | Faces and feelings page, Mirror feelings card |
| Thursday | Make and move | Wavy waves page, Crayon dots card |
| Friday | Story and review | Song of the week, Parent notes page |
| Every day | Read aloud, sing, play outside | Read any picture book together, sing the song of the week, and do a feelings check-in. |

## Contents

Printable: The m sound ..... 2
Printable: Yellow and green ..... 3
Printable: Faces and feelings ..... 4
Printable: Wavy waves ..... 5
Activity cards ..... 6
Song of the week and parent notes ..... 8
More from UpOnly Learning ..... 9

**Safety**

- Use objects too big to fit in your learner's mouth, and stay close during any counting or sorting with real objects.
- Water play only with an adult within arm's reach the whole time, even in a small tub.
- An adult handles anything hot or sharp, knives, and rocks or heavy objects.
- Dry beans and seeds only with an adult watching closely, and not with a learner who still puts things in their mouth.
- No scissors needed: tear paper instead. If you do use scissors, use child safety scissors with an adult right there.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).

# The m sound

Say: "Mmm, like yummy food. Moon, milk, monkey all start with mmm." Your learner traces the big M and small m with a finger, then colors the pictures.

M m



moon



milk

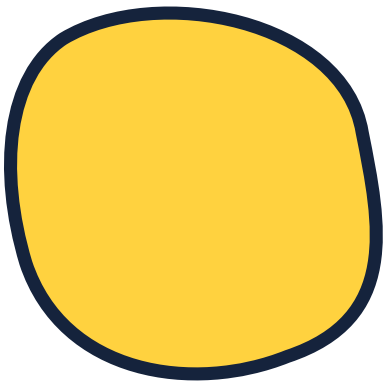


monkey

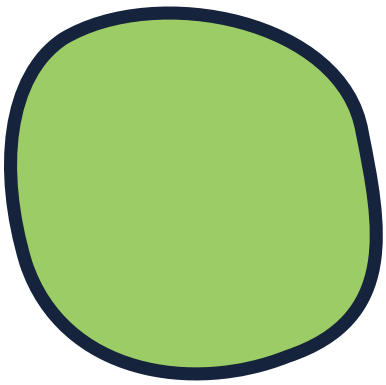
**No supplies swap.** No printer? Say "mmm" while rubbing your tummy, then think of m words together.

# Yellow and green

Say: "This one is yellow, like the sun. This one is green, like grass." Your learner points to yellow, then green, and finds a crayon that matches each spot. On the black-and-white page, your learner colors the spots in.



yellow



green

**No supplies swap.** No printer? Find something yellow and something green in the room.

# Faces and feelings

Say: "Look at this face. Is it happy or tired?" Your learner points to each face and says the feeling with you.



happy



tired



surprised



sad

**No supplies swap.** No printer? Take turns making faces and guessing the feeling.

# Wavy waves

Say: "Make waves in the water. Start at the green dot." Your learner traces each wavy line from left to right.



**No supplies swap.** No printer? Make waves with a ribbon or a scarf in the air.



## Mmm snack talk

**Time:** 5 minutes · **You need:** Nothing

1. Say "mmm" together like something tastes good.
2. Say m words slowly: mmmoon, mmmilk, mmmom.
3. Your learner says "mmm" each time.

**Easier:** Just say "mmm" together. **Next step:** Ask "Does mom start with mmm? Does ball?"

**Say this:** "Mmmilk. Milk starts with mmm."

**No supplies:** Needs nothing.

**Builds: Language: sounds in words · Stay close and keep small objects away from mouths.**

cut here



## Color hunt

**Time:** 5 minutes · **You need:** A small basket

1. Say "Find something yellow."
2. Your learner brings it to the basket.
3. Do the same for green.

**Easier:** Hold up a crayon to match. **Next step:** Find 2 of each color.

**Say this:** "Is it yellow? Yes, it is yellow."

**No supplies:** Point to colors in a picture book.

**Builds: Math: matching colors · Stay close and keep small objects away from mouths.**



## Mirror feelings

**Time:** 5 minutes · **You need:** A mirror (optional)

1. Look in the mirror together.
2. Make a surprised face, then a tired face.
3. Your learner copies and names each one.

**Easier:** Copy the face only. **Next step:** Ask "What makes you surprised?"

**Say this:** "Your eyes are big. You look surprised."

**No supplies:** Make faces at each other.

**Builds: Social-emotional: emotions · Stay close and keep small objects away from mouths.**

cut here



## Crayon dots

**Time:** 5 minutes · **You need:** Paper, a crayon

1. Show how to tap the crayon to make dots.
2. Your learner fills the page with dots.
3. Count a few dots together.

**Easier:** Make big marks instead. **Next step:** Make dots in a line.

**Say this:** "Tap, tap, tap. Lots of dots."

**No supplies:** Press finger dots into playdough.

**Builds: Physical: fine motor · Stay close and keep small objects away from mouths.**

# Song of the week: Mmm, mmm

Mmm, mmm, moon and milk,
Mmm, mmm, smooth like silk.
Mmm, mmm, mom and me,
Mmm is fun, as you can see.

**Actions:** Rub your tummy on every "mmm". **Try next:** Swap in other m words: monkey, mud, mitten.

Original UpOnly Learning words, say or sing it in any rhythm

## Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

| I saw my learner… | Seen it | Not yet |
|---|---|---|
| Says "mmm" for m words | ☐ | ☐ |
| Colors with yellow and green when asked | ☐ | ☐ |
| Names 2 feelings from faces | ☐ | ☐ |
| Makes dots with a crayon | ☐ | ☐ |

Next: week 7 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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