Pre-K 4, week 12: review and show me

This is a review week with no new letter. Your learner plays games that bring back the letters n, m and d, the four shapes, and the healthy habits from this unit. Use the parent notes page to see what to practice next.

5-minute prep

- Write a big N, a big M and a big D on three sheets of paper.
- Put 4 blocks or kitchen things of different shapes in a cloth bag or pillowcase.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, a cloth bag or pillowcase, 4 blocks or kitchen things, string. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Letters review	Letter match page, Letter hop card
Tuesday	Math review	Shape match page, Mystery shape bag card
Wednesday	Explore	Healthy habits page, Healthy habits charades card
Thursday	Make and move	Draw a shape house page, Shape walk card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

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Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

Letter match

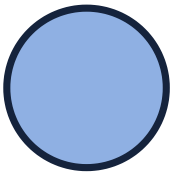
Say: "Find the n pictures, the m pictures and the d pictures." Your learner colors the n pictures in one color, the m pictures in another and the d pictures in a third.



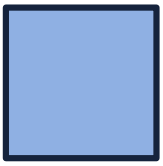
No supplies swap. No printer? Say a word and your learner says "n", "m" or "d".

Shape match

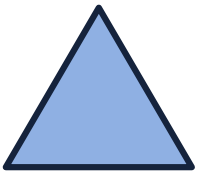
Say: "Name each shape. Then find a thing with the same shape." Your learner names the four shapes in the top row, then draws a line from each thing in the bottom row to its shape.



circle



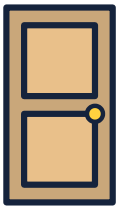
square



triangle

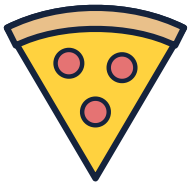


rectangle





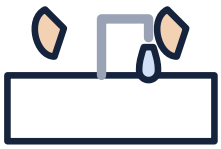




No supplies swap. No printer? Find one circle, square, triangle and rectangle in the room.

Healthy habits

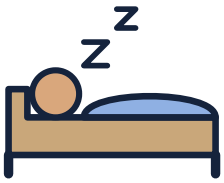
Say: "What helps our body every day? Point and tell me." Your learner names each habit, tells when they do it and colors the pictures.



wash hands



brush teeth



sleep



play outside



drink water



try a food

No supplies swap. No printer? Act out each habit and your learner guesses.

Draw a shape house

Say: "Draw a house with a square and a triangle roof. Add a rectangle door." Your learner draws a house from shapes in the frame. Count the shapes together.

No supplies swap. No printer? Make a shape house with spoons or blocks on the table.



Letter hop

Time: 10 minutes · **You need:** 3 sheets: N, M and D

1. Put the 3 sheets on the floor.
2. Say a sound or a letter name.
3. Your learner hops onto the matching sheet.

Easier: Use 2 sheets. **Next step:** Say the sounds of a short word, like m, o, p. Your learner says the word and hops to its first letter.

Say this: "Hop to the letter that says mmm."

No supplies: Point to the letter in the air instead of hopping.

Builds: Literacy: print and alphabet knowledge · Stay close and keep small objects away from mouths.

cut here



Mystery shape bag

Time: 10 minutes · **You need:** A cloth bag or pillowcase, 4 blocks or kitchen things

1. Your learner reaches into the bag without looking.
2. They feel one thing and guess its shape: round, corners, long sides.
3. Pull it out and check.

Easier: Use 2 things that are very different. **Next step:** Your learner hides a thing for you to guess.

Say this: "I feel corners. I think it is a square."

No supplies: Close your eyes and trace a shape on your learner's hand.

Builds: Math: geometry · Stay close and keep small objects away from mouths.



Healthy habits charades

Time: 5 minutes · **You need:** Nothing

1. Act out a habit: washing hands, brushing teeth, sleeping or playing.
2. Your learner guesses the habit.
3. Take turns being the actor.

Easier: Act out 2 habits. **Next step:** Ask "When do we do that?"

Say this: "Scrub, scrub, rinse. What am I doing?"

No supplies: Needs nothing.

Builds: Physical: health and safety · Stay close and keep small objects away from mouths.

cut here



Shape walk

Time: 5 minutes · **You need:** A long piece of string or yarn

1. Lay the string on the floor in a circle.
2. Your learner walks around it, then you make a triangle and a square.
3. Name each shape before walking it.

Easier: Walk only the circle. **Next step:** Walk the shape backward or on tiptoes.

Say this: "Walk the triangle. One side, turn, two sides, turn."

No supplies: Walk a pretend shape and your learner guesses it.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Healthy me

N and m and d I say,
Circle, square and triangle today.
Wash my hands and brush my teeth,
Sleep tight, a story, cozy sheets.

Actions: Draw each shape in the air as you sing it. **Try next:** Add a line about a food you tried.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Matches n, m and d words to their letter	☐	☐
Names a circle, square, triangle and rectangle	☐	☐
Tells two healthy habits	☐	☐
Draws a picture using shapes	☐	☐

Next: week 13 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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