Pre-K 4, week 13: the letter g and counting to 10

This week your learner will hear the g sound, as in goat, count up to 10 things and name the tools you use in the kitchen. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big G and a small g on a sheet of paper.
- Gather 10 spoons and a cup, plus a bowl, a plate and a sponge.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, 10 spoons, a cup, a bowl, a plate, a sponge. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Letter g	Letter g page, Goat says g card
Tuesday	Math	Count to 10 page, Ten in a cup card
Wednesday	Explore	Kitchen tools page, Kitchen helper card
Thursday	Make and move	Gate path page, Gallop card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

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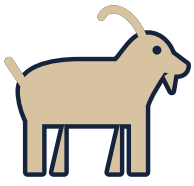
Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

Letter g

Say: "G says g, g, g, from the back of your throat. Goat, gift, guitar." Your learner traces the big G and the small g, then colors the pictures that start with g.

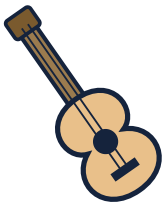
G g



goat



gift



guitar

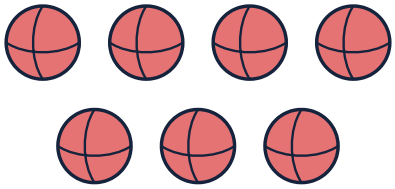
No supplies swap. No printer? Draw a g in the air, then on your learner's back with one finger.

Count to 10

Say: "Touch each one and count with me. The last number tells how many." Your learner touches each picture as they count, then points to the number under the box.



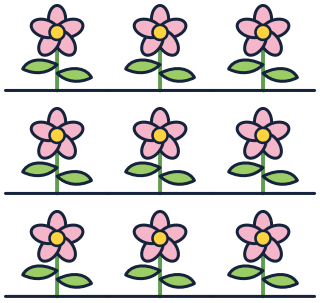
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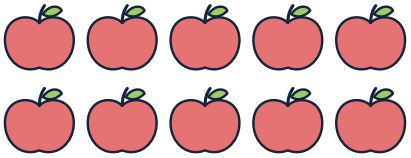
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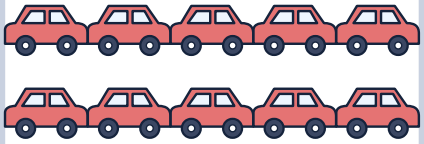
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10



10

No supplies swap. No printer? Count 10 spoons, touching each one.

Kitchen tools

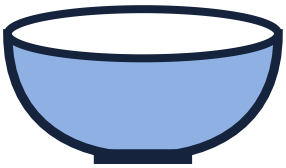
Say: "These are tools we use in the kitchen. What do we do with each one?" Your learner names each tool, tells what it is for and colors the pictures.



spoon



cup



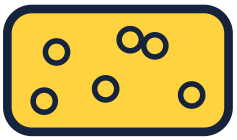
bowl



plate



funnel



sponge

No supplies swap. No printer? Open a kitchen drawer together and name the safe tools inside.

Gate path

Say: "Help the goat get to the gate. Start at the green dot." Your learner traces each path from left to right with a crayon, holding it with fingers and thumb.



No supplies swap. No printer? Trace the paths with a finger in a tray of flour.



Goat says g

Time: 10 minutes · **You need:** Nothing

1. Say "g, g, goat" together. Feel the sound at the back of your throat.
2. Say a word. If it starts with g, your learner bleats like a goat.
3. Try: goat, cat, gum, sun, game, go.

Easier: Use only goat and cat. **Next step:** Say the sounds g, u, m slowly. Your learner says the word: gum.

Say this: "Go starts with g. Baa."

No supplies: Needs nothing.

Builds: Literacy: phonological awareness · Stay close and keep small objects away from mouths.

cut here



Ten in a cup

Time: 10 minutes · **You need:** 10 spoons, a cup

1. Your learner drops the spoons into the cup one at a time.
2. Count each one out loud, all the way to 10.
3. Tip them out and count again, faster or slower.

Easier: Count to 6. **Next step:** Start counting at 4: 4, 5, 6 and on to 10.

Say this: "Nine, ten. Ten spoons in the cup."

No supplies: Count 10 fingers or 10 claps.

Builds: Math: counting and cardinality · Stay close and keep small objects away from mouths.



Kitchen helper

Time: 10 minutes · **You need:** A bowl, a spoon, a cup, a sponge

1. Your learner helps you with one kitchen job: stir, pour water or wipe the table.
2. Name each tool as you use it.
3. Say thank you and talk about how helping feels.

Easier: Do one job: wipe the table. **Next step:** Your learner chooses the right tool for a job you name.

Say this: "You used the sponge to wipe. Thank you for helping."

No supplies: Pretend to cook with empty bowls and spoons.

Builds: Social-emotional: helping at home · Stay close and keep small objects away from mouths.

cut here



Gallop

Time: 5 minutes · **You need:** Space to move

1. Show a gallop: one foot leads, the other foot follows.
2. Gallop across the room together and say "g, g, g".
3. Stop and count to 10, then gallop back.

Easier: March instead of gallop. **Next step:** Switch which foot leads.

Say this: "Gallop, gallop, go."

No supplies: Needs nothing but space.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Goat on the go

G, g, goat, a goat on the go,
Count to ten, now nice and slow.
One, two, three, four, five, six, seven,
Eight, nine, ten, and gallop home again.

Actions: Hold up one finger for each number. **Try next:** Count back down from 10 to 1.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says the hard g sound	☐	☐
Finds g on a page	☐	☐
Counts 10 objects, touching each one	☐	☐
Names 3 kitchen tools	☐	☐

Next: week 14 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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