Pre-K 4, week 18: the letter e and sorting

This week your learner will hear the short e sound, as in egg, sort things by kind and by size, and find animals that live in water. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big E and a small e on a sheet of paper.
- Gather big and small socks of two colors, and a blue towel.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, big and small socks, a blue towel, toy animals or animal pictures. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Letter e	Letter e page, Echo e card
Tuesday	Math	Big and small sort page, Sock sort two ways card
Wednesday	Explore	Who lives in water page, Pretend pond card
Thursday	Make and move	Swim like a fish page, Elephant walk card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

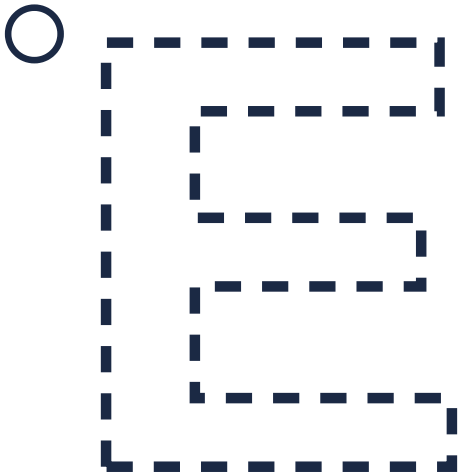
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Safety

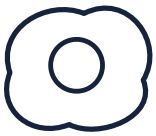
- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

Letter e

Say: "E says e, like egg and elephant. Listen for e in bed too." Your learner traces the big E and the small e, then colors the pictures. Egg and elephant start with e; bed has e in the middle.



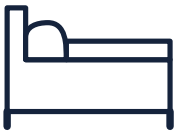




egg



elephant

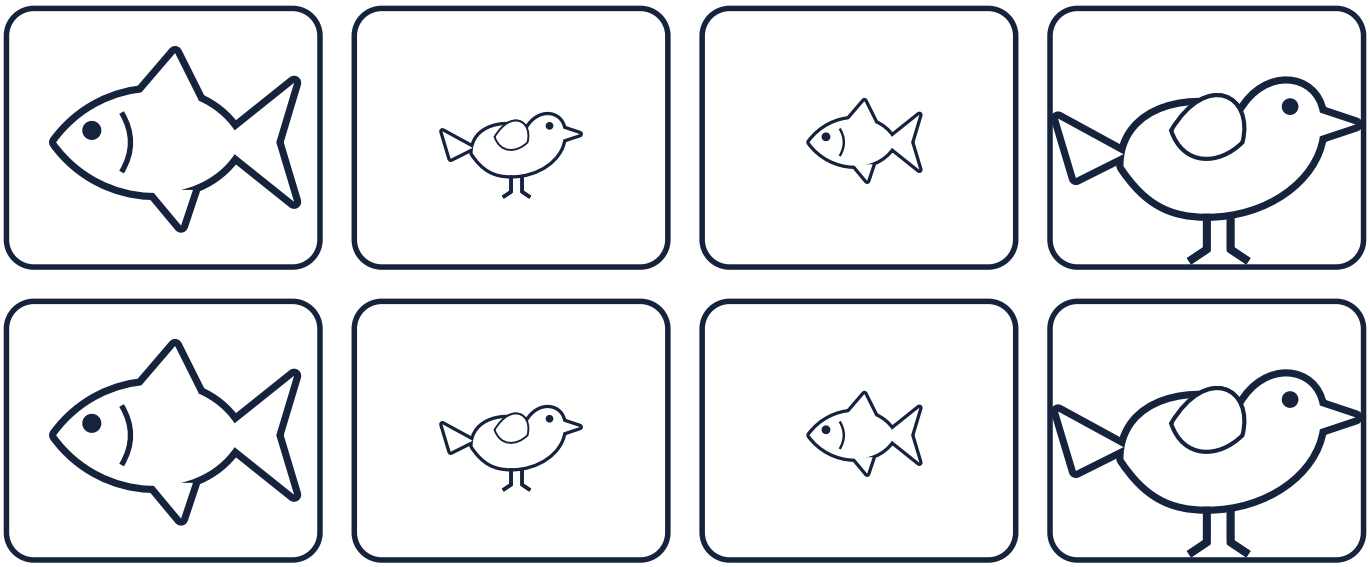


bed

No supplies swap. No printer? Draw an e in the air, then on your learner's back with one finger.

Big and small sort

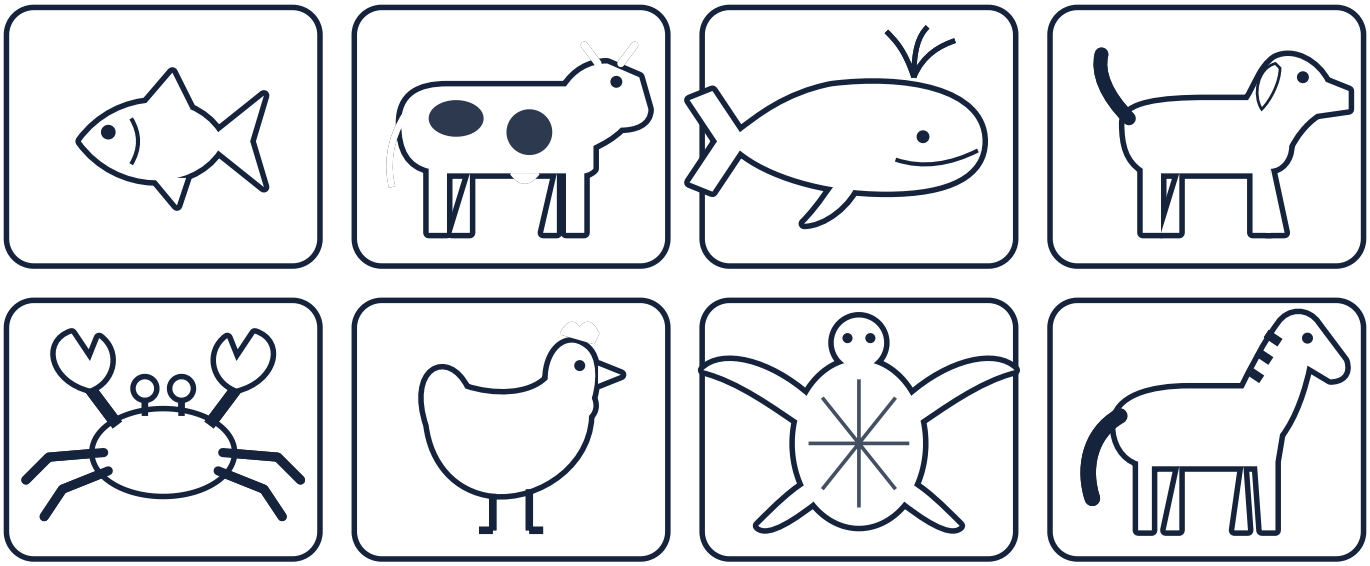
Say: "Find the big animals and the small animals. Now find the fish and the birds." Your learner circles the big animals, then colors the fish in one color and the birds in another.



No supplies swap. No printer? Sort spoons into big and small, then into metal and not metal.

Who lives in water?

Say: "Which animals live in water? Which live on land?" Your learner colors the animals that live in water and draws a line under the animals that live on land.



No supplies swap. No printer? Name an animal and your learner says "water" or "land".

Swim like a fish

Say: "Swim through the waves. Start at the green dot." Your learner traces each wavy line from left to right.



No supplies swap. No printer? Swim a hand through the air like a fish.



Echo e

Time: 10 minutes · **You need:** Nothing

1. Say "e, e, egg" and your learner echoes it back.
2. Say a word. If it starts with e, your learner echoes it. If not, they stay quiet.
3. Try: egg, sun, elf, map, end, elephant.

Easier: Use only egg and sun. **Next step:** Say the sounds b, e, d slowly. Your learner says the word: bed.

Say this: "Elf starts with e. Elf, elf."

No supplies: Needs nothing.

Builds: Literacy: phonological awareness · Stay close and keep small objects away from mouths.

cut here



Sock sort two ways

Time: 10 minutes · **You need:** Big and small socks of two colors

1. Your learner sorts the socks into big and small.
2. Mix them up, then sort them by color.
3. Ask "Can you find a small sock that is white?"

Easier: Sort one way only. **Next step:** Make 4 groups: big and white, big and dark, small and white, small and dark.

Say this: "This one is big and dark. Where does it go?"

No supplies: Sort toys by size, then by kind.

Builds: Math: sorting and classifying · Stay close and keep small objects away from mouths.



Pretend pond

Time: 10 minutes · **You need:** A blue towel, toy animals or animal pictures

1. Lay the towel on the floor as a pretend pond.
2. Your learner puts animals that live in water on the towel.
3. Animals that live on land go on the floor.

Easier: Use 4 animals. **Next step:** Ask "Which animal lives in water and on land?" (a frog or a duck)

Say this: "A fish lives in water. A cow lives on land."

No supplies: Name animals and your learner points to water or land.

Builds: Science: where animals live · Stay close and keep small objects away from mouths.

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Elephant walk

Time: 5 minutes · **You need:** Space to move

1. Clasp your hands and swing your arms like an elephant trunk.
2. Walk slowly with big, heavy steps.
3. Say "e, e, elephant" with each step.

Easier: Swing the trunk while standing. **Next step:** Walk like an elephant, then swim like a fish.

Say this: "Big steps, swing your trunk."

No supplies: Needs nothing but space.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: E, e, egg

E, e, egg, and e, e, elf,
An elephant can stomp itself.
Fish and whale and crab can swim,
E, e, e, we sing to them.

Actions: Swing your arm like a trunk, then swim with your hands. **Try next:** Add a verse about an animal that lives on land.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says the short e sound	☐	☐
Finds e on a page	☐	☐
Sorts things two ways	☐	☐
Names an animal that lives in water	☐	☐

Next: week 19 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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