# Pre-K 4, week 27: the letter j, between, day and night

This week your learner will hear the j sound, use the word between, and find out why we have day and night. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

**5-minute prep**

- Write a big J and a small j on a sheet of paper.
- Gather a lamp, a ball and a sticker or a small piece of tape.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

**Household supplies:** Paper, crayons, 3 toys, a lamp, a ball, a sticker or tape. No supplies? Every card has a swap.

## The week at a glance

| Day | Focus | Pieces |
|---|---|---|
| Monday | Letter j | Letter j page, Jump for j card |
| Tuesday | Math | In between page, Who is between? card |
| Wednesday | Explore | Day and night page, Lamp and ball card |
| Thursday | Make and move | Night sky page, Jumping fun card |
| Friday | Story and review | Song of the week, Parent notes page |
| Every day | Read aloud, sing, play outside | Read any picture book together, sing the song of the week, and do a feelings check-in. |

## Contents

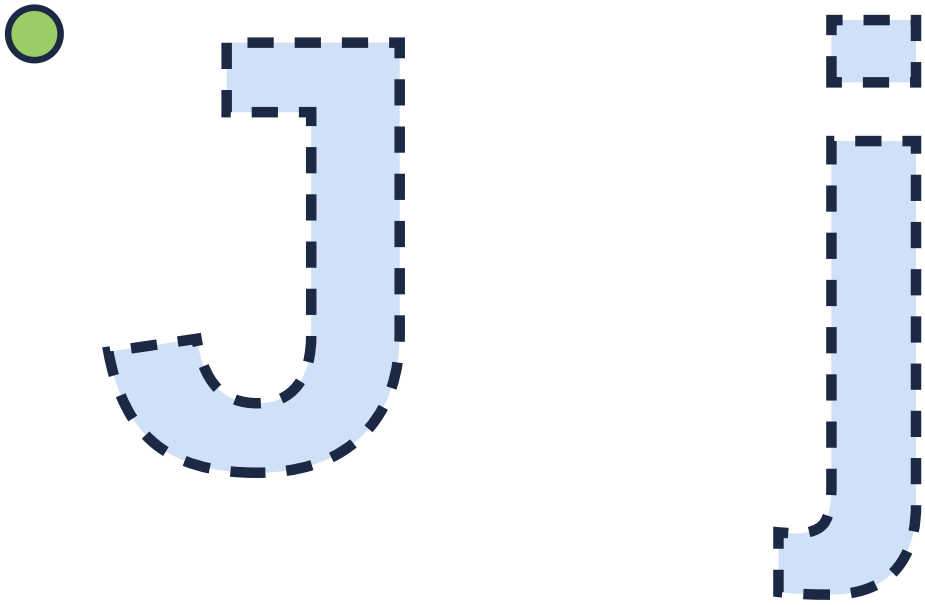
Printable: Letter j ..... 2
Printable: In between ..... 3
Printable: Day and night ..... 4
Printable: Night sky ..... 5
Activity cards ..... 6
Song of the week and parent notes ..... 8
More from UpOnly Learning ..... 9

**Safety**

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

# Letter j

Say: "J says j, like jump. Jar, juice, jacket." Your learner traces the big J and the small j, then colors the pictures that start with j.





jar



juice



jacket

**No supplies swap.** No printer? Jump each time you say a j word.

# In between

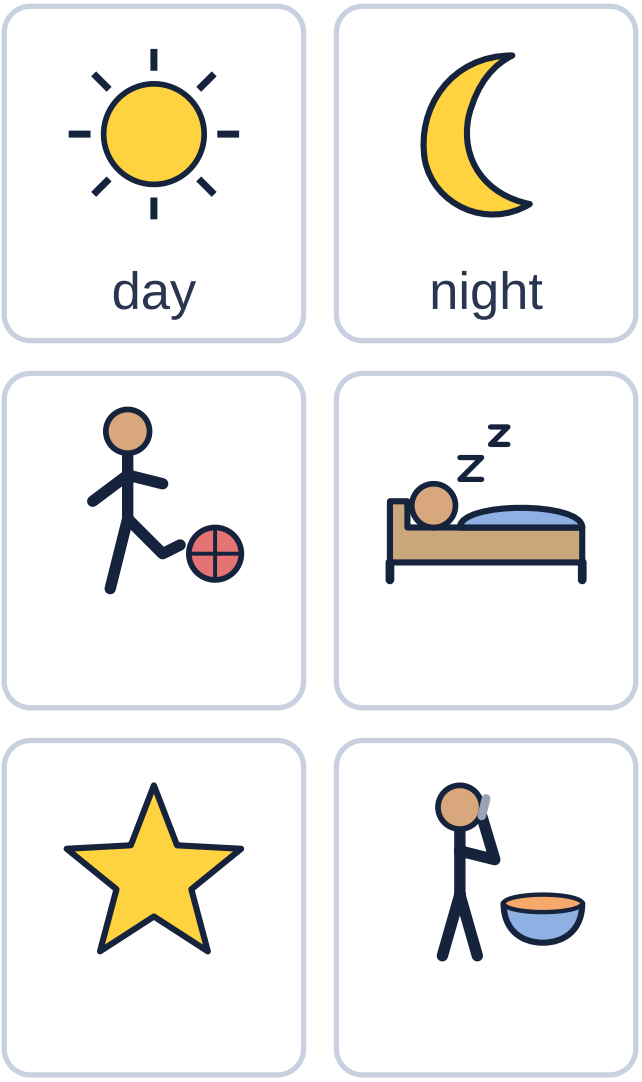
Say: "The house is between the two trees. Between means in the middle." Your learner points to the house in the middle, says "between", and colors the pictures.



**No supplies swap.** No printer? Sit between two pillows, or put a cup between two spoons.

# Day and night

Say: "The sun shines in the day. The moon is out at night. When do we sleep?" Your learner names each picture and tells if it happens in the day or at night, then colors it.




**No supplies swap.** No printer? Ask "Do we eat breakfast in the day or at night?" and take turns.

# Night sky

Say: "Draw the night sky. Will you draw the moon, or stars?" Your learner draws the night sky in the frame. Count the stars together.

**No supplies swap.** No printer? Draw on any paper, or make a night sky with a flashlight on the ceiling.



## Jump for j

**Time:** 5 minutes · **You need:** Space to move

1. Say "j, j, jump" together.
2. Say a word. If it starts with j, your learner jumps.
3. Try: jump, jar, sun, juice, ball, jacket.

**Easier:** Use only jump and sun. **Next step:** Your learner says a j word for you to jump to.

**Say this:** "Juice starts with j. Jump."

**No supplies:** Clap instead of jumping.

**Builds: Literacy: phonological awareness · Stay close and keep small objects away from mouths.**

cut here



## Who is between?

**Time:** 5 minutes · **You need:** 3 toys

1. Line up 3 toys in a row.
2. Ask "Which toy is between the others?"
3. Your learner moves a toy so it is between two others.

**Easier:** Use your learner: sit them between you and a teddy. **Next step:** Mix it up: above, below, beside, between.

**Say this:** "The car is between the bear and the ball."

**No supplies:** Use people: stand between two family members.

**Builds: Math: spatial sense · Stay close and keep small objects away from mouths.**



## Lamp and ball

**Time:** 10 minutes · **You need:** A lamp, a ball, a sticker or a dot of tape

1. Make the room dim. An adult turns on the lamp.
2. Put a sticker on the ball for your home. Slowly turn the ball in front of the lamp.
3. When the sticker faces the lamp, it is day. When it faces away, it is night.

**Easier:** Just show day and night with the sticker. **Next step:** Ask "What do you do in the day? At night?"

**Say this:** "The Earth turns. Now our home has night." An adult handles the lamp, and the bulb can get hot.

**No supplies:** Use a window in the day and a dark room to talk about day and night.

**Builds: Science: sun, clouds, rain, day and night · Stay close and keep small objects away from mouths.**

cut here



## Jumping fun

**Time:** 5 minutes · **You need:** Space to move

1. Jump on two feet 5 times.
2. Jump forward like a kangaroo.
3. Jump and land softly, bending your knees.

**Easier:** Jump in place. **Next step:** Jump over a line on the floor, forward and back.

**Say this:** "Jump, jump, land soft."

**No supplies:** Needs nothing but space.

**Builds: Physical: gross motor · Stay close and keep small objects away from mouths.**

# Song of the week: Day and night

In the day the sun is bright,
We jump and play with all our might.
At night the moon is up so high,
We close our eyes and say goodnight.

**Actions:** Jump on "jump", then rest your head on your hands at the end. **Try next:** Whisper the last two lines like it's bedtime.

Original UpOnly Learning words, say or sing it in any rhythm

## Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

| I saw my learner… | Seen it | Not yet |
|---|---|---|
| Says the j sound | ☐ | ☐ |
| Finds j on a page | ☐ | ☐ |
| Puts a toy between two others | ☐ | ☐ |
| Sorts things into day and night | ☐ | ☐ |

Next: week 28 of 36. If you have concerns about your learner's development, talk with your pediatrician.

# More from UpOnly Learning

Free Pre-K now, and a clear path into kindergarten.

### Free Pre-K 4, week by week

Parent plans, printables, activity cards and original songs for ages 4 to 5. Free, with no caps and no ads.

### Free kindergarten readiness checklist

A calm parent check of the skills many students have by age 5, with what to practice next.

### Prepare for Kindergarten: Math and Literacy

Two printable summer workbooks of 8 short units each: counting, shapes and patterns; letters, sounds and rhyming.

### Free resources

Free lessons, samples and guides for parents, teachers, tutors and homeschool families.

### Membership from kindergarten

On-screen lessons, practice and progress reports from kindergarten to 8th grade. Month to month. Cancel anytime.



*“Every student deserves what I want for my own kids: clear lessons, one step at a time.”*

**Dr. Evan J. Hasson, founder**

Visit

## uponlylearning.com/pre-k.html

Scan to open this week online and see every Pre-K week