# Pre-K 4, week 29: the letter v and counting to 20

This week your learner will hear the v sound, count past 10 all the way to 20, and test what sinks and what floats. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

**5-minute prep**

- Write a big V and a small v on a sheet of paper.
- Gather a tub of water, a towel and 5 things to test, all too big to fit in the mouth.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

**Household supplies:** Paper, crayons, a tub or bowl, water, a towel, a plastic cup, a metal spoon, a sponge, an apple, a large rock. No supplies? Every card has a swap.

## The week at a glance

| Day | Focus | Pieces |
|---|---|---|
| Monday | Letter v | Letter v page, Vroom, vvv card |
| Tuesday | Math | Count to 20 page, Count to 20 steps card |
| Wednesday | Explore | Sink or float page, Sink or float tub card |
| Thursday | Make and move | Water waves page, Wave arms card |
| Friday | Story and review | Song of the week, Parent notes page |
| Every day | Read aloud, sing, play outside | Read any picture book together, sing the song of the week, and do a feelings check-in. |

## Contents

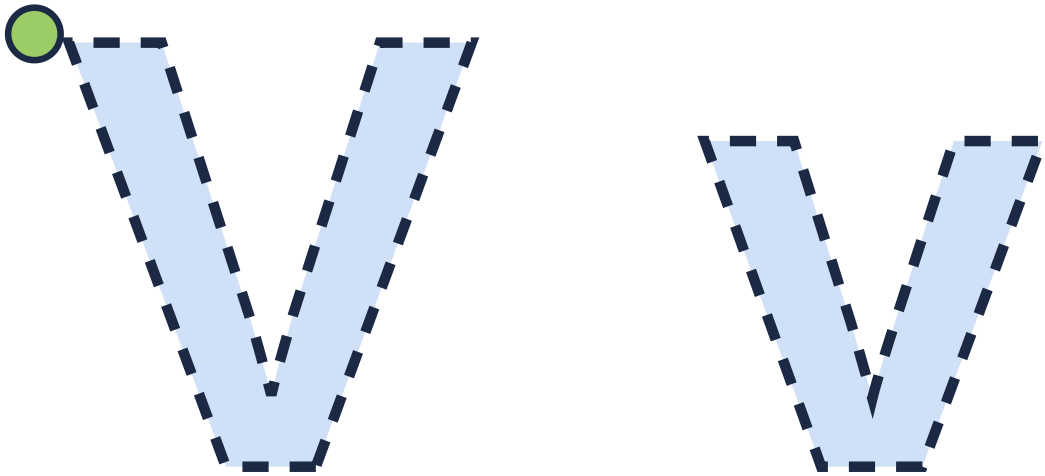
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**Safety**

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

# Letter v

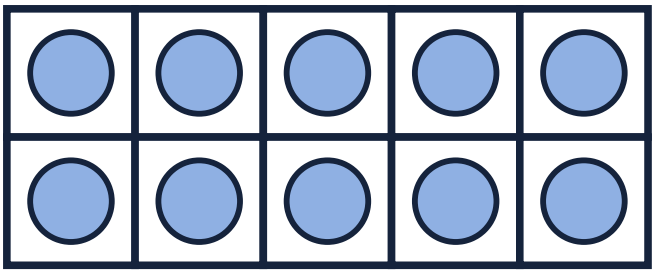
Say: "V says vvv. Bite your lip gently and hum: vvv, like a van, a vest and vegetables." Your learner traces the big V and the small v, then draws a v in the air like a valley.

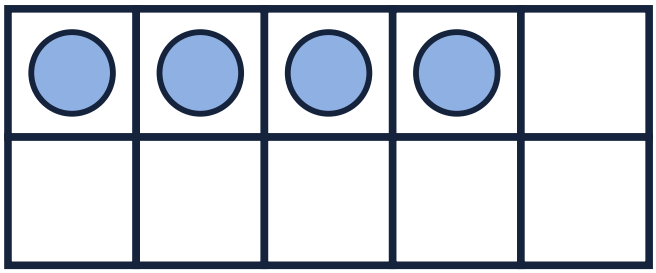


**No supplies swap.** No printer? Make a V with two fingers and say "vvv".

# Count to 20

Say: "Count the dots with me. Touch each one." Your learner touches each dot and counts out loud. Then they color one empty box for each number after that, all the way to 20.





**No supplies swap.** No printer? Count 20 steps, 20 claps or 20 jumps together.

# Sink or float

Say: "Will it sink to the bottom or float on top? What do you think?" Your learner guesses for each picture and colors the things they think will float.



**No supplies swap.** No printer? Ask "Does a boat float? Does a rock?" and take turns guessing.

# Water waves

Say: "Make the waves roll. Start at the green dot." Your learner traces the wavy lines from left to right with a crayon.



**No supplies swap.** No printer? Wave a hand like water, slow and then fast.



## Vroom, vvv

**Time:** 5 minutes · **You need:** A toy car (optional)

1. Say "vvv" like a car engine together.
2. Say a word. If it starts with v, your learner drives the car and says "vroom".
3. Try: van, cat, vest, sun, vet.

**Easier:** Use only van and cat. **Next step:** Ask "Does vase start with v?"

**Say this:** "Van starts with vvv. Vroom."

**No supplies:** Drive a pretend car with your hands.

**Builds: Literacy: phonological awareness · Stay close and keep small objects away from mouths.**

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## Count to 20 steps

**Time:** 5 minutes · **You need:** Space to walk

1. Walk from one room to another and count each step.
2. Keep going to 20, or start again at 1 if you run out of room.
3. Ask "Which number comes after 10?"

**Easier:** Count to 10, then try 15. **Next step:** Start at a number like 8 and count up to 20.

**Say this:** "Eleven, twelve, thirteen. Keep going."

**No supplies:** Count claps or jumps instead of steps.

**Builds: Math: counting and cardinality · Stay close and keep small objects away from mouths.**



## Sink or float tub

**Time:** 10 minutes · **You need:** A tub or bowl of water, a towel, 5 things too big to fit in the mouth: a plastic cup, a metal spoon, a sponge, an apple, a large rock

1. Hold up one thing and ask "Sink or float?"
2. Your learner guesses, then drops it in.
3. Sort the things into a float pile and a sink pile.

**Easier:** Try 3 things. **Next step:** Ask "Why do you think it floated?"

**Say this:** "The apple floats. The spoon sinks." Stay right beside your learner the whole time, and empty the tub when you finish.

**No supplies:** Guess with pictures in a book, or watch what floats in the bath.

**Builds: Science: sink or float · Stay close and keep small objects away from mouths.**

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## Wave arms

**Time:** 5 minutes · **You need:** Space to move

1. Wave your arms slowly like small waves.
2. Wave them fast like big waves.
3. Crouch low, then rise up like a giant wave.

**Easier:** Wave one arm at a time. **Next step:** Add a sound: "shh" for small waves, "whoosh" for big ones.

**Say this:** "Small waves, big waves, whoosh."

**No supplies:** Needs nothing but space.

**Builds: Physical: gross motor · Stay close and keep small objects away from mouths.**

# Song of the week: Sink or float

Drop it in and watch it go,
Will it float or sink below?
Vvv, vvv, the boat goes by,
Floating, floating, way up high.

**Actions:** Drop your hands down on "sink" and float them up on "float". **Try next:** Name one thing that sinks and one that floats after each verse.

Original UpOnly Learning words, say or sing it in any rhythm

## Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

| I saw my learner… | Seen it | Not yet |
|---|---|---|
| Says the v sound | ☐ | ☐ |
| Finds v on a page | ☐ | ☐ |
| Counts out loud past 10 | ☐ | ☐ |
| Guesses sink or float, then checks | ☐ | ☐ |

Next: week 30 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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**Dr. Evan J. Hasson, founder**

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