Pre-K 4, week 31: the letter x and counting to 20

This week your learner will hear the x sound in fox and box, count to 20, and race toys down a ramp. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big X and a small x on a sheet of paper.
- Gather a book, a cushion, a toy car, a ball and a block for the ramp race.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, a book, a cushion, a toy car, a ball, a block. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Letter x	Letter x page, X marks the spot card
Tuesday	Math	Count to 20 page, Count and jump to 20 card
Wednesday	Explore	Will it roll? page, Ramp race card
Thursday	Make and move	X marks the spot page, Cross-crawl card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

Contents

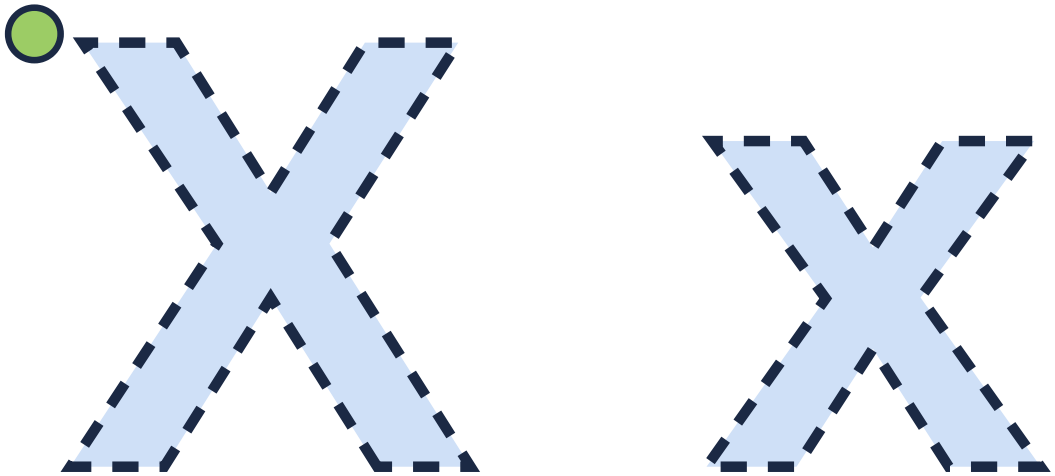
Printable: Letter x 2
Printable: Count to 20 3
Printable: Will it roll? 4
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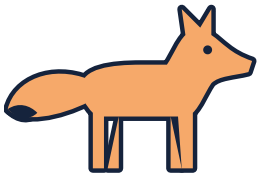
Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

Letter x

Say: "X says ks, at the end of fox and box. Fox, box, six." Your learner traces the big X and the small x, then colors the fox and says "fox, ks".



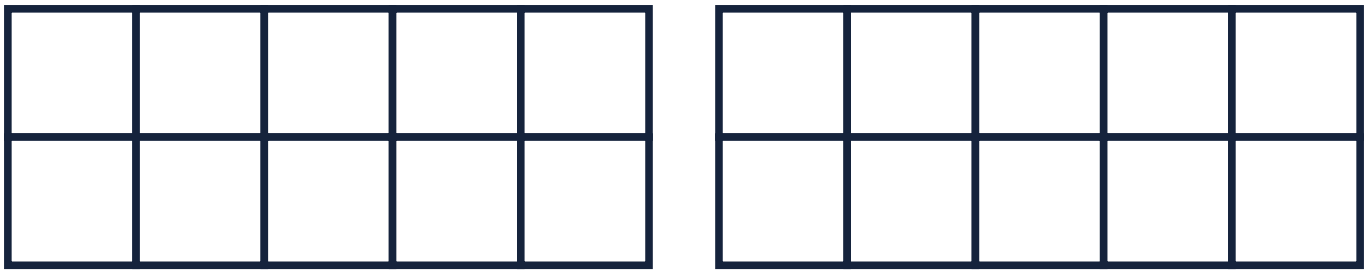


fox

No supplies swap. No printer? Cross two arms to make an X, then say "fox, box, six".

Count to 20

Say: "Let's count to 20. Color one box for each number." Your learner colors one box each time you say a number together, from 1 to 20. Count the full boxes at the end.

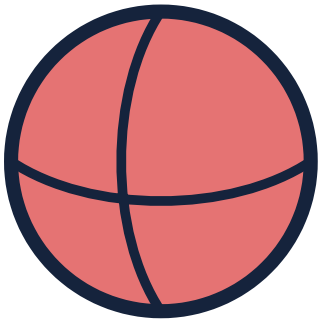


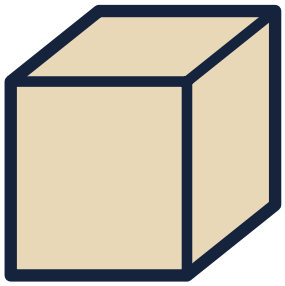
No supplies swap. No printer? Count 20 claps, or 20 steps across the room.

Will it roll?

Say: "Which ones roll down a ramp? Which ones slide or stay?" Your learner guesses for each picture, then colors the things they think will roll.









No supplies swap. No printer? Roll a ball and slide a book along the floor. Which one rolled?

X marks the spot

Say: "Draw big X's in the frame, then draw a treasure under one of them." Your learner draws an X with two crossing lines, then more X's, then a treasure.

No supplies swap. No printer? Make X's with two spoons, two sticks or two fingers.



X marks the spot

Time: 10 minutes · **You need:** Two strips of paper, a small toy

1. Your learner hides their eyes while you hide the toy.
2. Put two paper strips in an X near the hiding place.
3. Your learner finds the X, then the toy, and says "x, ks".

Easier: Hide it in plain sight beside the X. **Next step:** Your learner makes the X and hides the toy for you.

Say this: "You found the X. X says ks, like fox."

No supplies: Make an X with your arms and point to where the toy is.

Builds: Literacy: print and alphabet knowledge · Stay close and keep small objects away from mouths.

cut here



Count and jump to 20

Time: 5 minutes · **You need:** Space to move

1. Jump and count together, one number for each jump.
2. Rest at 10, then keep going to 20.
3. Ask "What number comes after 15?"

Easier: Count to 10 with jumps, then clap to 20. **Next step:** Count from 20 back to 15.

Say this: "Sixteen, seventeen, eighteen, nineteen, twenty."

No supplies: Count claps or taps instead of jumps.

Builds: Math: counting and cardinality · Stay close and keep small objects away from mouths.



Ramp race

Time: 10 minutes · **You need:** A book or a board, a cushion, a toy car, a ball, a block

1. Lean the book on the cushion to make a ramp.
2. Let the car, the ball and the block go from the top one at a time.
3. Which ones rolled? Which ones slid or stopped?

Easier: Try the car and the block only. **Next step:** Make the ramp steeper. What changes?

Say this: "The ball rolled down fast. The block slid." Use toys too big to fit in the mouth.

No supplies: Roll a ball down a slope outside, or along a hallway.

Builds: Science: push and pull · Stay close and keep small objects away from mouths.

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Cross-crawl

Time: 5 minutes · **You need:** Space to move

1. Touch your right hand to your left knee.
2. Touch your left hand to your right knee.
3. Keep going slowly, like an X.

Easier: Touch hands to knees on the same side first. **Next step:** Go faster, then march in place.

Say this: "Cross over, like an X."

No supplies: Needs nothing but space.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Down the ramp

Up the ramp and down we go,
Roll it fast or roll it slow.
Fox and box end just the same,
X, x, ks, a ramp race game.

Actions: Roll your hands fast, then slow, and cross your arms in an X at the end. **Try next:** Count to 20 together after the last line.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says the ks sound at the end of fox and box	☐	☐
Finds x on a page	☐	☐
Counts to 20	☐	☐
Tells which toys roll down a ramp	☐	☐

Next: week 32 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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