Pre-K 4, week 33: the letter y and getting ready for school

This week your learner will hear the y sound, review numbers 0 to 5, and practice a school morning, from packing a bag to saying goodbye. Each activity takes about 10 minutes. Print the pages, or do them with things you already have at home.

5-minute prep

- Write a big Y and a small y on a sheet of paper.
- Find a bag or backpack, and write the numbers 0 to 5 on scraps of paper.
- Print pages 2 to 5, or skip printing and use the no-supplies swaps.

Household supplies: Paper, crayons, a bag or backpack, a book, a snack. No supplies? Every card has a swap.

The week at a glance

Day	Focus	Pieces
Monday	Letter y	Letter y page, Yes or no card
Tuesday	Math	Count my school things page, Number hunt 0 to 5 card
Wednesday	Explore	At school page, Practice school morning card
Thursday	Make and move	The way to school page, Make a Y card
Friday	Story and review	Song of the week, Parent notes page
Every day	Read aloud, sing, play outside	Read any picture book together, sing the song of the week, and do a feelings check-in.

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Safety

- Use objects too big to fit in your learner's mouth, and stay close during any counting with real objects.
- Child-size scissors only, with an adult watching. Hand scissors over handle first.
- Choose crayons, markers and paint labeled for young learners (look for the AP seal).
- Adults handle anything hot or sharp.

Letter y

Say: "Y says y, like yes, yellow and yawn." Your learner traces the big Y and the small y, then says three y words with you: yes, yellow, yawn.



No supplies swap. No printer? Stretch your arms up in a Y and say "y, y, yes".

Count my school things

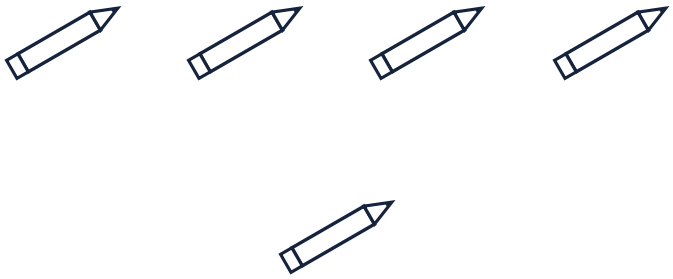
Say: "Count each row and color the dots." Your learner counts each group of school things and colors the same number of dots.

















No supplies swap. No printer? Count crayons, books or spoons into a bag, up to 5.

At school

Say: "This is a school. Who do you see? What will you do there?" Your learner names each picture, tells what happens at school, and colors the pictures.



No supplies swap. No printer? Walk or drive past a school and talk about what happens inside.

The way to school

Say: "Help the bus get to school. Start at the green dot." Your learner traces each path from left to right: straight, curved and pointed.



No supplies swap. No printer? Draw the way to school with a finger on a tray of flour or salt.



Yes or no

Time: 5 minutes · **You need:** Nothing

1. Say "y, y, yes" together.
2. Say a word. If it starts with y, your learner says "yes". If not, they shake their head.
3. Try: yellow, sun, yawn, cat, yes, yard.

Easier: Use only yellow and sun. **Next step:** Your learner says a y word for you.

Say this: "Yellow starts with y. Yes."

No supplies: Needs nothing.

Builds: Literacy: phonological awareness · Stay close and keep small objects away from mouths.

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Number hunt 0 to 5

Time: 10 minutes · **You need:** Paper, a crayon

1. Write 0, 1, 2, 3, 4 and 5 on scraps of paper.
2. Your learner picks a number and finds that many things in the room.
3. For 0, ask "Can you bring me zero spoons?"

Easier: Use 1, 2 and 3. **Next step:** Your learner puts the numbers in order from 0 to 5.

Say this: "You found 4 books. Four."

No supplies: Show the number with fingers instead of paper.

Builds: Math: numbers 0 to 10 · Stay close and keep small objects away from mouths.



Practice school morning

Time: 10 minutes · **You need:** A bag or backpack, a book, a snack

1. Your learner packs the bag: a book and a snack.
2. Practice saying goodbye at the door with a hug and a wave.
3. Walk around the house once, then come back and say "hello".

Easier: You pack the bag together. **Next step:** Your learner zips the bag and hangs it up alone.

Say this: "Bye for now. I will come back after school."

No supplies: Act out the morning with a toy and pretend bag.

Builds: Social-emotional: saying goodbye and school routines · Stay close and keep small objects away from mouths.

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Make a Y

Time: 5 minutes · **You need:** Space to move

1. Stand tall and stretch your arms up like a Y.
2. Bend to the side, then stand tall again.
3. Make a small y, then a big Y.

Easier: Just make a big Y. **Next step:** Hold the Y while you count to 10.

Say this: "Big Y, small y, stretch."

No supplies: Needs nothing but space.

Builds: Physical: gross motor · Stay close and keep small objects away from mouths.

Song of the week: Off to school

Pack my bag and zip it tight,
Hug goodbye and wave, all right.
Yes, yes, I'm ready to go,
Y, y, y, hello, hello.

Actions: Pretend to zip a bag, then hug yourself, then wave hello. **Try next:** Add a line about something your learner wants to do at school.

Original UpOnly Learning words, say or sing it in any rhythm

Parent notes: what did you see this week?

This is not a test. Tick what you noticed, and practice the rest next week. Keep this page; it stays with you.

I saw my learner…	Seen it	Not yet
Says the y sound	☐	☐
Finds y on a page	☐	☐
Matches numbers 0 to 5 to groups	☐	☐
Practices a goodbye routine	☐	☐

Next: week 34 of 36. If you have concerns about your learner's development, talk with your pediatrician.

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